



The Bethel Citizen

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Thursday • March 31, 2016

90¢ a Copy

Serving Bethel and neighboring communities in the mountains of western Maine

"Snowman lot" sale confirmed

By ALISON ALOISIO

Bahre Station LLC has purchased Lot "F," known as the "Snowman Lot" at Bethel Station, according to realtor Tony Donovan of KW Commercial Realty.

The Bahre Station principal is Gary Bahre of Oxford, Donovan said Monday.

"Their intended use has not been clarified," he said. "There were some environmental issues at the location, formerly operated and owned by the town of Bethel, where gasoline was pumped for municipal use. It was minor, in the larger scheme of things, and was cleaned as per state environmental regulations in January by the previous owner."

The 3.2-acre property was sold for \$365,000, he said.

Donovan said there are now three site-developed lots remaining for sale in the Bethel Station development: Parcel "I," the 7+ acre property on the corner of Route 26 and Parkway; Parcel "A," often referred to as the motel lot, a 2.7 acre site adjacent to the Norway Savings Bank building; and the Parcel "D," a 2.7 acre paved lot adjacent to the Gem Theater, which allows for theater parking and potential development.

Proposed Bethel budget up \$130,895

By ALISON ALOISIO

Bethel selectmen and the Budget Committee recently finished work on a \$3.8 million municipal expenditure budget, up \$130,895 from last year.

It includes increases in wages, solid waste costs, and Capital Improvements, as well as in other categories.

Town officials also propose taking \$150,000 from the Undesignated Fund Balance to reduce taxes, an increase over last year's \$100,000.

The cost for overall wages for next year would actually go down, because there is one less pay period than last year.

Increases were approved for individuals on the ambulance crew and the fire department, as well as for the code enforcement officer and the deputy director of public works.

Town Manager Christine Landes said the heads of the ambulance and fire departments did research that found Bethel wages were low compared to other towns, and the CEO had done his own research and provided similar information. The public works employee was increased because he had been making little more than the people under him, she said.

Another budget increase, in Capital Improvements, includes the proposed purchase of a new ambulance for \$180,000.

The new vehicle would include a lift on the back of the truck to lift stretchers with patients inside.

The total proposed cost for CI is \$718,455, up from last year's \$630,320. Other proposed expenses in that account include Road Improvements to Grover Hill, Baker, Paradise, Intervale, Taylor Smith, Chandler Hill, Airport and Barker roads, as well as Philbrook Street. The improvements range from shimming and paving to patching and crack sealing, for a total of \$433,955.

The contracted services for protection from the Oxford County Sheriff's Department will go up about 10 percent, to \$332,500, after remaining steady for three years.

The solid waste budget is proposed at \$434,344, up \$22,245. Landes said costs have generally risen, and recyclables are not generating the cost savings they used to.

Selectmen are proposing \$2,840 for utilities and an engineering study of the Ethel Bisbee School, property, to see if it is worthwhile to consider saving the building and possibly converting it to use by the town. Some officials have suggested it simply be torn down and the land used.

Costs at Angevine Park are projected at \$10,960, up \$2,500. Landes said weeds need to be dug

See BETHEL, Page 3

The sweetness of Spring



THE SWEETNESS OF SPRING-The Swain Family Farm in Bethel was one of several area maple sugaring operations to open their doors to the public for Maine Maple Sunday this past weekend. Here, Ed Swain checks the boiling sap as steam fills the sugar house. Like last year, Mother Nature has not been overly cooperative with warm days and cold nights, keeping production at less-than-hoped-for levels. The weekend, however, was more

sap-friendly, Swain said. He taps between 600 and 700 trees, and expects to yield about the same total amount of syrup as last year - approximately 40 gallons, he said. The farm sells syrup in a variety of volumes. On Sunday Swain and his wife, Laurie, offered up ice cream with maple syrup on it to their visitors. More MMS photos, Page 6.

A. Aloisio

New THS schedule prompts worries

By AMY WIGHT CHAPMAN

About 20 Telstar High School parents and students turned out for Tuesday's School Board meeting to express their concerns about scheduling changes planned for the 2016-17 school year.

The THS administration had originally proposed the new schedule for the current school year, but delayed implementation after hearing concerns from a large group of parents at the end of last year.

Under the new schedule the academic day would be divided into six one-hour blocks, with core classes meeting every day.

This represents a change from the longtime schedule of four 80-minute blocks each day, with most core classes meeting on alternate days.

Administrators have said that the schedule changes are intended to both address the rate of student failure and increase the amount of weekly instructional time spent on core classes.

The schedule would provide regular times for pursuing independent study projects and for teachers to work closely with students who are at risk of failing or need to make up missed credits.

David Hanscom of Beth-

el told board members he is a graduate of Telstar and the parent of three Telstar students.

"I have a growing concern about the future of our high school," he said. "I was alarmed to hear that our high school failure rate is over 30 percent."

Hanscom said he had recently attended a PTO meeting to hear about schedule changes for next year.

Among the concerns brought up at the meeting, Hanscom said, was the fact that the new schedule would decrease the number of classes students are able to take, providing

only six academic slots instead of the current eight.

He pointed out that having the same class in the last period of each day would mean that student athletes would miss the same class each time they had to travel for away games.

Hanscom said some classes, such as band, art, and science labs, do not fit well into the proposed shorter academic periods because of the time required for set-up and clean-up.

He said those attending the meeting were disappointed to learn that the decision to change the

See SAD 44, Page 4

Woodstock OKs launch, sign, garage

By ALISON ALOISIO

They debated for about 20 minutes at Monday's Town Meeting, but in the end Woodstock voters approved buying land for a public boat launch on North Pond.

A majority of the 78 people who attended also approved the purchase of the old MDOT garage on Route 232 (\$85,000), a new

truck for the Highway Department (\$67,000) and a new electronic informational sign for the Town Office (\$11,000). All money articles on the warrant were approved.

The voters' willingness to buy was likely aided by the fact that even with the approvals, the mill rate is estimated to remain steady at 12.87, thanks to

the use of reserve funds and other available revenue.

The boat launch purchase/development for \$90,000 drew the most discussion. The Maine Department of Transportation plans to close the existing boat access on Route 26 because of traffic safety concerns.

Some voters, however,

wondered if the purchase was necessary.

Bill Coolidge, who lives near the launch property near the intersection of Route 26 and Rocky Road, said he was neither for nor against the proposal, but he expressed concern about the traffic plan, which includes a pull-through design between the roads. Coolidge said there could be a problem pulling out from Rocky Road onto Route 26 because of sight distance.

He and others also wondered about a possible in-

See WOODSTK, Page 3

BETHEL REC DEPARTMENT 2016 T-Ball, Baseball & Softball Registration

1 child = \$25 ~ Family (2 or more) = \$35
IF REGISTERED BY APRIL 3

REGISTER ONLINE:
www.bethelmaine.org

or visit the town office to complete a registration form.

Questions? Contact the Rec Director at 824-2669,
or e-mail Shirley.bethelmainebaseball@gmail.com

A skills assessment will be held at Telstar Gym for all
players 7-12. Players should bring their glove.

*Players that have completed one year of T-ball should also attend.

Softball Assessments

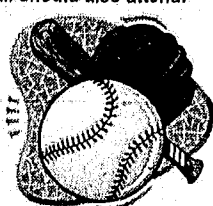
Monday, March 28:

Ages 7-9: 5:30-6:30 ~ Ages 10-12 6:45-7:45

Baseball Assessments

Tuesday, March 29:

Ages 7-9: 5:30-6:30 ~ Ages 10-12 6:45-7:45



SAD #44 is undertaking its annual search for prospective Kindergarten students. Any child who will be five (5) years of age on or before October 15, 2016, is eligible to enter Kindergarten for the 2016-2017 school year.

If you have a prospective Kindergarten student in your household, please call the appropriate school with your information.

Crescent Park School - 207-824-2839

Woodstock School - 207-665-2228

Stearns joins Citizen as ad rep



David Stearns of Greenwood has joined The Citizen staff as a sales associate in the Advertising Department. He will be responsible for advertising sales.

David and Nancy, his wife, have lived in Greenwood since 1991. They have two children, Justin, 20, and Brendon, 18.

In the past, David has worked in sales with P.H. Chadbourne & Co., Irving Forest Products and Seaboard International Forest Products.

The Bethel Citizen

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Letters

PROJECT GRAD FUNDRAISER

To the Editor:

The Telstar High School Class of 2016 Project Graduation Committee is planning a Thirty One Bag Bingo on Sunday, April 3 at the Locke Mills Legion Hall.

Admission is \$10 if purchased in advance and \$15 at the door. Tickets are available at the Crescent Park and Telstar High School offices, and also with Tracy Walker at Woodstock Elementary School.

Doors open at 11 a.m. with Bingo starting at 1 p.m. There will be raffles, a 50/50, door prizes and delicious lunch and baked goods for sale as well.

Thank you for your continued support, we hope to see you there!

Tracy Walker
Project Graduation Class of 2016

CLIMATE CHANGE OUR FAULT - YES!

To the Editor:

Science denier Richard Grover, "Climate Change Our Fault?" is correct. The last time that time there was more CO₂ in the atmosphere anthropogenic sources were not the cause. Vast amounts of CO₂ accumulated in the atmosphere and oceans after colossal volcanic eruptions in Siberia about 252 million years ago - which caused an environmental calamity. The period between the Permian and Triassic Period is called the "Great Dying" when over 90 percent of the Earth's then species perished. Human did not yet exist. Megatoothed sharks prowled the oceans which were then 100 feet higher than today's. The ice packs melted, titanic storms ravaged the globe, and the Earth's temperature was 11F warmer than today. Certainly a cautionary tale!

CO₂ levels comparable to today's began in the Pliocene Epoch between 2 to 4.6 million years ago. Conditions were finally ready for modern Homo sapiens emergence perhaps 12,000 years ago. Now our rising CO₂ levels are the highest in the history of mankind. Ninety-seven percent of climatologists agree that current and increasing CO₂ levels, rapidly rising and acidifying oceans, global warming, and the frequency of extreme weather events are caused by man's use of fossil fuels.

Oh, and currently in a typical year, all the volcanoes on Earth put out CO₂ amounts equal to one percent as much as humans. "Climate Change Our Fault? Yes!"

Peter Gartner
Woodstock

DISAGREES ON CLIMATE CHANGE

To the Editor:

I am replying to the letter from Richard Grover in last week's Citizen.

I believe he is completely wrong in his denial of climate change. I have no idea how the supposed scientists he quotes as saying what the quality of earth's atmosphere was between 14 and 23 million years ago arrived at their conclusions.

I do know for a fact that reputable scientists agree that 1816, 200 years ago; "the year with no summer" in Maine was caused by a huge volcano which exploded in the Pacific and burned for months, putting into the atmosphere the same pollutants now sent there by coal burning plants in our South.

Senator King hosted his second "forum of climate change and winter sports" on March 28 in Bridgton. Titled: "Fishing on Thin Ice" discussion focused on climate change and how it is affecting winter sports, including ice fishing, snowmobiling, skiing and snowshoeing, impacting the physical and economic health of Mainers." (Sun Journal, March 25, 2016)

On Sunday, March 27 the S.J. had an article entitled "Sen. Collins recognized for work on climate change."

The air surrounding our planet is negatively affected by not only the pollution which we add but all the other industrialized countries contribute as well. That is why conferences like the one held last fall in Paris are so important. If we want future generations to have an earth to enjoy, climate change must be addressed; better ways of making electricity identified and put to use.

Nancy Willard
Woodstock

SMILE FUND/ADULT DENTURES

To the Editor:

It is increasingly difficult for individuals without health insurance to get dental coverage or find someone to remove those rotten teeth. Insurances don't cover dentures. The Smile Fund program seeks adults who meet financial guidelines and are employed or seeking employment and need dentures. Call the West Parish Congregational Church for an application (824-2689). All applications are confidential.

West Parish Congregational Church in Bethel has been offering dentures to the community since 2003. The most recent one is case Number 66. All dentures are completely paid for, with money raised from the community through donations and a yard sale. This year the sale is Saturday, April 9, from 9 a.m. to 1 p.m. All money raised goes directly to the Smile Fund.

Spring is a great time to clean out and clean up. Donations for the Smile Fund Sale may be brought to the basement of the West Parish Congregational Church in Bethel in the afternoons, to not interfere with the Montessori program in the morning. The Smile Fund Yard Sale is looking for toys, tools, jewelry, books, knick-knacks, housewares, electronics, and gardening supplies and plants. Contact Jane Chandler, 357-3524, for more information.

Jane Chandler
Bryant Pond

SKI ESTA SCHOLARSHIP

To the Editor:

Students, apply for a SkiEsta Scholarship! We will be awarding a minimum of two \$1,000 scholarships to area residents who fit into one of the following categories 1) high school senior that has been accepted and is committed to attending college or pursuing a formal higher education degree; 2) an area resident who is interested in attending The Eddy School in Newry and is identified by it as a need-based student; and 3) any adult who is enrolled in continuing education or change of career training (e.g. training to become a plumber, electrician, or courses to further expertise in a trade).

To apply, please write a simple letter describing the way the funds will be used and discussing why you believe you are the best candidate for the scholarship money. Be sure to include name, mailing address, telephone, and email on your essay. In the case of high school student applicants, please forward your GPA/transcript with your essay. Priority will be given to residents of Newry although anyone in the Sunday River area may apply.

Letters should be sent to The Owners, SkiEsta, 343 E. Hillendale Road, Kennett Square, Pa. 19348.

The deadline for receiving your letter is April 9. Scholarship winners will be announced at the annual Bethel Area Chamber of Commerce Awards Dinner, May 6, 2016. The SkiEsta owners of SkiEsta donate at least one Awards Dinner ticket to each recipient so that he/she may attend the dinner.

Thank you to the Bethel Area Chamber of Commerce for helping us administer the scholarship fund.

Sophia Bilinsky and Walter Shevchuk
Kennett Square, Pa.

GUN SALE REFERENDUM

To the Editor:

Let's talk about a very important referendum coming up called "An Act to Require Background Checks for Gun Sales." Sounds OK, doesn't it? By just reading the title most of the people in Maine would vote in favor of this...right? Well, let's look a little deeper.

The person behind this is a mom who lost her daughter to an intruder who shot and killed her daughter. I feel for her and her family and I can appreciate why she might initiate this referendum. However, I honestly believe that she is being duped by the anti-gun group headed by Michael Bloomberg of Manhattan and here's why I say that.

Even though this referendum may appear as if it were a grass roots movement of moms who belong to "Moms Demand Action," the whole process was handled by a professional group out of Washington, D.C. called Fieldworks, LLC. This whole operation was a very expensive undertaking, so where did the thousands of dollars come from to actually get this referendum going and pay the hundreds of people out there soliciting signatures?

It seems that "Moms Demand Action" is actually under the umbrella of a master group called "Everytown for Gun Safety." Everytown is financed by Bloomberg along with the dozens of smaller anti-gun groups with dozens of different names. So the majority of the dollars are coming from out of state and again there is an attempt to sway the votes of the citizens of Maine with thousands of dollars from the outside.

If you read the whole referendum question (available online under maine.gov), you read a list of rules and regulations that read from a Federal document and not a simple Maine document. These background checks would cover more than private sales and extend to almost any transfer (gift, loan, or other temporary transfer) of a firearm. After reading all these regulations, ask yourself, how the heck can I comply without breaking one of the regulations and put me at jeopardy for a fine or even arrest?

Since we already have background checks in this state when a Maine citizen wants to legally purchase a gun, ask yourself how any state or federal government can really enforce these sales and temporary gun transfer rules under this proposed new law without a GUN REGISTRY?

Aha! So we get to the real core of this whole new background check issue...the government would really like to know who and what type of gun is owned by every legal gun owner in this state. So what's wrong with that, you ask?

The first thing that happened in Britain and Australia before the government forcibly removed guns from the citizens who legally owned them were laws like extensive background checks that opened the door to gun registration laws. If we are so concerned about gun violence in this county (I really don't read about too many statistics of that type of violence in our state - after all, we don't live in Chicago, Baltimore, Detroit, or D.C. - cities with highest murder rates in our country), why is the state persecuting legal gun owners and not enforcing the existing laws and removing the criminals from streets?

Now ask yourself, if this referendum becomes law, are we, the citizens of Maine, more or less free if we are burdened with more rules for the legal gun owner?

All of the above information was gathered online through the Freedom of Information Act. Thanks for listening.

Carmin Castaldo
Bethel

OUR FAILED PRESIDENT - YES

To the Editor:

The first statement of Chandler McGrew's letter last week is grossly misleading. While the Obama Administration's debt on an annual basis is less than his earlier years, the budget is still in arrears untold billions, and he has more than doubled the national debt in his first seven years, making it over \$19 trillion and still growing!

His jobs figures are grossly misleading as well, as illustrated in the Lewiston Sun's March 28 Business article on page B8. "Jobs total trail pre-recession levels..." I question where McGrew's 2.1 million jobs were created. The above cited "Sun" article shows that 10 states still have fewer jobs than in December, 2007. Illinois gained 0.1 percent in jobs, Arizona just 0.3 percent and Ohio gained just 58,100 jobs or 1.1 percent.

At the same time, most economists agree that while a few jobs have been created, the average middle class worker is making about 1 percent less in purchasing power now than seven years ago. Furthermore, nationwide, the worker participation rate, the percentage of working age people actually working is the lowest in 30 or 40 years because so many people have quit looking for jobs and are not counted in the jobless rate figures that sound so rosy.

The national security report card is even worse than the economy in Obama's tenure. We now have a military force that is smaller than we had just prior to our entry into WWII! Obama didn't END the war in Iraq, he SURRENDERED - pulling out the last 10,000 or so troops from that country, making it almost inevitable that the government there would fail. Afghanistan is still a muddle, and ISIS is a multi-continent terror threat despite Obama's initial assessment that ISIS was a "JV terror organization."

National Intelligence Director James Clapper last week briefed a Congressional National Security committee that the worldwide threat of Islamic Radical Terrorists and other terrorist groups is greater now than he has ever seen in his 30 years, or so, in the national intelligence business, or words to that effect.

There are numerous other examples of President Obama's failures, including the debacle at Benghazi that the "rosy glasses" of American liberals chose to either ignore or gloss over. The effects of the disastrous "Fast and Furious" gun running campaign early in the Obama administration are still being felt, as one of the assault rifles traded to Mexican drug cartels was recently found in one of the hideouts of the drug kingpin "El Chapo" after his capture by Mexican officials. Perhaps the worst damaging characteristic of the Obama administration is its habit of repeatedly lying to the American public for political purposes, as it did during its campaign to garner support for the Affordable Care Act when the President repeatedly said, "If you like your doctor and your health care plan, you can keep them." I could go on for pages, but you get my drift.

Richard Grover
Mason

Our Back Pages

By Danna Brown Nickerson

10 years ago: Hakan Adams of Bryant Pond was the winner of a quilt made by Ina Grover in a raffle to raise funds for a stair lift at Pleasant Valley Grange.

East Andover Community Club officers were: president, Barbara Meissner; secretary, Lorena Simmons; treasurer, Violet Swain; assistant treasurer, Philena Chaisson.

Deaths: Virginia G. Salisbury, Frederick E. Bayless, Evelyn Poland Dunn; Vivian Blay Simoneau; David Paul Salway.

20 years ago: Students, parents and teachers teamed up to give the Telstar Middle School hallway a fresh coat of paint.

Gilead voters approved the establishment of a \$28,000 scholarship fund for students from that community.

Births: Nicholas Casey Josephson, Jordan Drew Gill.

Deaths: Gina M. Corriveau, Elizabeth Truth Gibbs, Olive Akers Head, Robert E. Deegan.

30 years ago: The West Bethel Children's Center celebrated its 10th anniversary.

Births: Tracy Lynn Dymen, Cassandra Perez, Michelle Kaylene Packard.

Death: Keith F. Ring.

40 years ago: The Bethel Bicentennial was looking for suggestions for items, to be included in a time capsule.

Bradley Barker was elected chairman of the Bethel Board of Selectmen for 1976.

Birth: Jaime Evelyn Lapham.

Deaths: Mrs. Grace C. Russell.

50 years ago: It was announced that the University of Maine had decided not to acquire Gould Academy for its use, stating that the operation of the plant as an adjunct of the University would be too costly.

Births: Priscilla Mae Grant, Jeffrey Elton Dunham.

Deaths: Benjamin B. Inman, Clyde S. Walker, Albert A. Allen, Mrs. Myrtle H. Roberts.

60 years ago: Wilbur Myers, Vance Richardson, and Paul Kailey spent the weekend at Sugarloaf Mountain skiing.

Bryant's Market advertised sugar cured skinless ham for 55¢ a pound; oven-ready turkeys for 57¢ a pound; Sealtest ice cream, ½ gal., 98¢; and Sunkist navel oranges, 59¢ a dozen.

Birth: Ralph Mills.

Deaths: Lindsay I. Dorey, Mrs. Lettie E. Douglass.

70 years ago: Interest in the Community Room was increasing. Contributions to further the project were coming in.

Ten carloads of wheat were derailed near West Paris. About 500 yards of track were torn up.

The home and garage of Herbert Noyes of Bryant Pond were burned.

80 years ago: The A&P announced the opening of its new modern store on Main Street.

Paul Carter had over 200 trees tapped, and was doing well in the maple syrup business. Stephen Abbott also reported a good run of sap.

Deaths: Rev. Charles Easternhouse, Mrs. Abbie Howe, Mrs. Mabel York.

90 years ago: Earl Davis made a trip by Sno-car to Hell's Gate in the Magalloway region. The distance, 60 miles from Bethel, was made in five hours.

Bean & Fox were making extensive repairs to their store on Main Street (later Brown's Variety). Large plate glass windows were added and the entrance changed from Main to Spring Street.

100 years ago: Mr. A. Van Den Kerckhoven purchased the mail and express business of Mrs. Putnam.

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The Bethel Citizen

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Deadline for town, club and organizational news items is Monday at 4 p.m. Advertising deadlines: Real Estate and half page ads or larger: Friday, Noon. Display and Classified ads: Monday at 4 p.m.

Advertisers should check their advertisements. The paper shall not be liable for failure to publish an advertisement, nor for a typographical error, or errors in publication except to the extent of the cost of the advertisement for the first time insertion. The paper will reprint that part of any advertisement in which an error occurs.

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Call (207) 824-2444

Woodstock

Continued from page 1



Left, Woodstock residents vote on the purchase of property on North Pond, to be used for boat access. Above, Selectmen Mike Nadeau, Ron Deegan and Steve Bles, along with Town Manager Vern Maxfield, listen to discussion. A. Aloisio

Increased threat of milfoil being brought onto the pond by additional boats from away. Jim Chandler, who has been involved in milfoil eradication and control on other Woodstock ponds for years, said he did not think there was

increased risk because of boat launches. Other people spoke in favor of the launch. Peter Gartner said he would never use it because he has water access elsewhere. But, he said, "it's an investment in our future."

Harry Faulkner of Bethel attended the meeting because of the issue, and he asked residents to support the purchase so the general public can put boats on the pond. "I can't get on the lake if I don't have a public access," he said.

The article eventually passed by a comfortable margin. Also approved was the first half of the cost for a property revaluation (\$40,000 raised this year) and funds to fix and preserve the Fire Department's old 1948 fire truck (\$2,000).

Town Manager Vern Maxfield told voters that the town is in good financial shape, with about \$800,000 in surplus. **ELECTIONS** In elections of town officials, all incumbents (Selectman Ron Deegan,

School Director Julie Davis and Library Trustees Maria Clements and Jane Mills) were returned to office unopposed. The meeting lasted an hour and a half and was moderated by Steve Wight of Newry.

Bethel

Continued from page 1

from the pond, and a system put in place to keep Canada geese away, as they have been dirtying the beach. A proposed change in budgeting this year is to

direct all of the franchise fees received from the cable TV provider to public local Channel 11, as requested by the station. Previously half went to the station and half to the

Undesignated Fund, Landes said. The amount for this year would be \$13,977, if approved by voters. The budget will be voted upon at the June Town Meeting. If all money ar-

ticles pass and estimates for the town's share of the SAD 44 school budget are correct, the mill rate is estimated to rise from 13.80 to 14.36 (also subject to adjustment by assessors).

Last week was the first opportunity for people running for elected office to take out nomination papers for the June elections. So far incumbent selectmen Stan Howe and

Don Bennett have done so. Other seats up for a vote include those of School directors Elaine Cross and Carol Everett and Assessors David Luxton and Howe.

Greenwood selectmen's meeting minutes

March 1, 2016

1. Call the meeting to order - Chair Henderson called the meeting to order at 5:00pm. Roll Call: Chair Henderson, Selectman Jordan, Selectman Chapman and Town Manager Sparks.
2. Pledge of Allegiance
3. Review and approve Warrant # 35 (\$ 21,093.93), and Warrant # 36 (\$ 10,166.14) The Board reviewed both Warrants. Selectman Jordan motioned and Selectman Chapman seconded to approve Warrant # 35 and Warrant # 36 as presented.

Vote 3-0. Motion passes.
4. Review minutes of February 16, 2016
The Board reviewed the minutes. Selectmen Jordan motioned and Selectman Chapman seconded to approve the minutes as presented. Vote 3-0. Motion passes.
5. Comments from the Public - None.
A. Selectmen contacted outside of the meeting - None.
6. Review and sign Resolution supporting Town participation in the Heart & Soul of the Mahoosuc Planning Committee
The Board reviewed the

Resolution. Town Manager Sparks stated that this resolution was non-binding for the Town and that the Planning Committee would be actively working on finding funding sources and working with AVCOG.
The Board agreed with the resolution and signed the document.
7. Review and sign Post Issuance Compliance Policy, Municipal Bond Bank requirement.
Town Manager Sparks explained that this policy is a requirement by the Bond Bank and the Internal Revenue Service when

a Municipality receives bond funds. The Town will need to report annually how the Bond proceeds were spent to make sure that everything is in compliance with the approved application. The Board agreed with the policy and signed the document.
8. Updated Shoreland Zoning Ordinance from AVCOG.
Town Manager Sparks informed the Board that John Maloney of AVCOG had completed updating our Town Shoreland Zoning Ordinance with the mandatory State requirements. She gave each of

the Selectmen a copy of the updated documents. She stated that this would go to our Annual Town Meeting in May for a vote and we would also need to hold a public hearing before Town Meeting. She explained that this public hearing could be at the same time as our public hearing on the 2016/2017 Town Budget.
9. SAD 44 Cost Sharing Committee - need to appoint 2 from Greenwood
Manager Sparks explained that David Murphy needed the Greenwood Selectmen to appoint two residents to the Cost Sharing

Committee.
Town Manager Sparks stated that the third member would be one of our current School Board Directors. The Board of Selectmen asked that Town Manager Sparks place an ad in the local paper to see if anyone was interested in the position.
Adjourn - Having no further business, Selectman Chapman motioned and Selectman Jordan seconded to adjourn the regular Selectmen's Meeting at 5:18 p.m. Vote 3-0. Meeting adjourned.

PUBLIC HEARING
Pursuant to Title 28 MRSA 252 - a notice is hereby given that a Public Hearing will be held on April 11, 2016 at the Bethel Town Office to consider a Liquor License renewal for Kowloon Village located at 190 Main St. Public comment will be heard at that time. Prior to the hearing date written comment may be issued to the Bethel Town Office or email at info@bethelmaine.org
Christen Mason
Town Clerk

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\$175 Cash per cord - Green Cut, Split and Delivered
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Local effort on to buy fridges for hospital

By ALISON ALOISIO

Area fire departments have joined an effort by the family of a local girl fighting leukemia to equip rooms at the Barbara Bush Children's Hospital with refrigerators.

Hailey Steward, 9, of Bethel is in her second bout with the disease, so her family has been spending a lot of time at the hospital.

Hailey's mom, Tabatha, said the family came up with the idea for the refrigerators. They have also been selling T-shirts to raise funds.

She said eating while visiting or staying with a patient can be pricey.

"You don't have options," Tabatha said. "You have to buy fast food or eat in the cafeteria. It's costly, especially when the only one that can get free food is the patient."

In addition, she said, "when your child is going through treatments, steroids, they become picky and a lot of them can't eat the hospital food. And then there's times you can't leave your room, because your child's really sick, then you have no way to get anything. When we were able to have a fridge in our room it was life-saving. It's crazy how you appreciate the little things when you haven't had them."

Recently the Gilead Fire Department came up with a "Firefighters' Challenge" to raise funds to help buy 30 small refrigerators, at a cost of \$250 each.

So far enough has been raised for 10 refrigerators, Chief Randy Grondin said, with the Woodstock and Andover fire departments, the Roxbury ATV Club and the First Congregational Church of South Paris also contributing so far.

For more information go to the Facebook page www.facebook.com/Gilead-Volunteer-Fire-Department-Refrigerator-Drive-for-BBCH-703547796454427/

As for Hailey herself, Tabatha said she is doing well with her treatments, but has many more to go.

"Hailey is amazing, she's strong, and has an old soul," said Tabatha. "She's funny and loves to make people laugh, and plays pranks on them. She truly is my idol and the glue to our family."

In September the family hopes to do another fundraising walk in her honor, "and to help families going through what we endure," said Tabatha. "Team Hailey Hugs" will be a non profit in the next few months. We are paying it forward to others, so important to us/our family."

Telstar grad helping feed the hungry



Maisey Griffin

By ERIN PLACE, Sun Media

During high school, Maisey Griffin loved having her hands in the dirt and a field trip to Portland's Preble Street Resource Center inspired her to continue to grow food and do something about hunger in western Maine.

Now the 20-year-old Oxford resident works at Healthy Oxford Hills in Norway through the AmeriCorps VISTA program as part of the Maine Hunger Initiative. A major portion of her job — where she is paid slightly less than the \$7.50 minimum wage — centers around the Supplemental Nutrition Assistance Program, formerly known as food stamps.

"My main focuses for this job ... are trying to increase access and educate people on SNAP, and if they're eligible, try to connect them to resources to get signed up and accepted," Griffin said. "I go through the process with them."

Part of her mission is to eliminate stigmas that go hand-in-hand with people who are food insecure and

rely on SNAP and other programs to help put food on their tables and in their cupboards.

Griffin also works closely with local food pantries and school districts to drum up more participation in school meal programs. She also promotes community gardens, farmers' markets and community meals.

"My job overall is to address hunger in our county and reduce hunger across Oxford County by working with community organizations," she said. "I am here to help."

It was during Griffin's junior year at Telstar High School in Bethel that she grew her first garden and sold her goods at the farmers' market held at DiCo-coa's Cafe. During her senior year, she took the field trip to Preble Street in Portland through Telstar's Got Farms? after-school program.

"I got into growing food and then I went to Preble Street and saw the reality of how many people are struggling. In rural Maine, you don't see it," she said. "I've been learning more about that over the past two years about how severe it actually is in our state. We are the third most food insecure state in the nation."

This statistic came from the Food Research and Ac-

tion Center for the years 2012-14.

Even when Griffin is not on the clock at Healthy Oxford Hills, she's working to address hunger locally, as she is a member of the Bethel Rotary Club and she volunteers at the Bethel food pantry. The latter hosts a monthly food distribution event.

"That's 70 families that are struggling just in the Bethel area," she said. "Just seeing the reality has driven me to feel compelled to do something about it. Food is like a survival need ... and it's something that I see a lot of potential for improvement in our world, farming-wise, nutrition-wise. So I want to help be part of the change. ... We need food and I think everyone deserves healthy food."

Once her one-year gig with AmeriCorps is up in November, Griffin will consider her possibilities. She took time to travel around the country after graduation, visiting family and friends out West and down South. She worked a winter at Sunday River and continues to work with the Got Farms? after-school program — the one she traveled to Portland for and that helped inspired her. She's yet to attend to college and is still deciding her next move.

"I am interested in policy work because I am seeing a lot of our barriers are policies and it's making it harder to connect people with the SNAP program," Griffin said. "I am interested in studying mental health because I know I want to work with people, and no matter what I am doing, mental health is always a factor."

When Griffin isn't growing and connecting people with organic food, she's busy shooting photos and making music. She enjoys playing the djembe African drum, along with shakers — rain sticks, tambourines and like.

"That is something I tend to do with my hands and it feels really good," she said. "I just discovered recently how much I like to sing." After this discovery, she took the stage with Singepole Mountain Band and sang some backup vocals during a gig at Tucker's Music Pub on Main Street in Norway.

But regardless where her future takes her, Griffin wants to continue to work with people and grow organic food. The reason, she says, is simple.

"I think that everything on this Earth is connected. Everything from the people to the animals to the Earth deserve equal respect," she said.

Proposed SAD 44 budget down

By AMY WIGHT CHAPMAN

SAD 44 School Board members got their first look at budget figures for the 2017 fiscal year at Tuesday's meeting.

The initial figures show an overall decrease from the current fiscal year of 0.63 percent, or just under \$67,000. The district's total budget is projected to be \$10,594,389, down from \$10,661,322.

After years of steadily declining state subsidies, SAD 44 is expected to receive about quarter of a million dollars more than last year, or a total of about \$442,000 in state aid for education.

The state subsidy, coupled with the decrease in

the overall budget, means that the local share, the amount raised by the district's four member towns, will be about \$300,000 less than last year.

"Because of an increase in valuation, the town of Woodstock will see a slight increase in their share, despite the overall reduction in the budget itself," said Finance Committee Chair Bonnie Largess.

Woodstock's share will increase by \$19,500, or 1.63 percent. The other district towns will see decreases of 5.31 percent for Bethel, 4.20 percent for Newry, and 3.68 percent for Greenwood.

Finance Committee member Larry Merlino of

Greenwood said that because the budget decrease is slight, "it's not going to be felt by any one individual or any one cost center."

"The thing to focus on is that by looking at the budget carefully...we can keep the costs contained," he said. "And until we get the economy growing, until we get everybody working, keeping costs contained is very important for everybody."

Merlino cautioned that the numbers presented Tuesday are draft figures and may change, depending on the results of the labor contract negotiations in which the district will participate in the coming weeks.

THS

Continued from page 1

schedule had already been made.

"After the events of last spring, I was led to believe that the input of students, parents, and staff would be valued, and that there would be a more open, more transparent process for any future proposed schedule changes," he said.

Hanscom said it is important to find and address the root causes of the school's failure rate, but added, "Having said that, I do not feel that the schedule is the root cause."

He then spoke about a proposal to create a Sophomore Academy [to continue the experiential learning provided to students in collaboration with the 4-E, Camp and Learning Center in Bryant Pond].

"As a parent of a freshman, I have some concerns about this plan," he said, adding he thought school administrators should get input from parents, students, and staff before making such a decision.

"Maybe, in the end, the benefits do outweigh the risks, but I think it's important to have that conversation before a decision is made."

Parent Wanda Orino said she would like to see standardized test scores that compare results from students who attended Telstar Freshman Academy to those of students from prior years who did not.

"This is a new program, and we should be testing it. We shouldn't just assume that this is working for our students," she said.

Superintendent David Murphy told the parents that the school conducted NWEA testing in the fall; it will be repeated in the spring to measure individual student growth.

He said the district had also contracted with the Maine Math and Science Alliance to survey students' attitudes toward the experiential learning program, both before and after their participation.

Newry director Whitney

Gray said she was glad to see parents and students attending the meeting and expressing their concerns. She added that she would like to see the district include a student representative on the School Board.

Murphy thanked the members of the public who attended and encouraged them to contact him to discuss their ideas.

He reminded them that the district is currently faced with the challenge of adapting its programs to address changes in the state's requirements for the awarding of public high school diplomas.

"Your involvement in that is critical," Murphy said, adding that it is important for parents, students, and staff to all work together to address challenges and raise aspirations.

He said the THS administration would be discussing the scheduling changes at the next School Board meeting April 11.



The Way I See It

by Sharon Bouchard

From the TWISI archives:

I had the strangest dream the other night. It wasn't a nightmare, in fact, it was a good dream, but it was certainly strange.

In this dream I was apparently very rich. Dreams don't explain things very well so I don't know how rich, but from what I can remember of it money was no object. Boy, that really would be a dream for most of us, wouldn't it!

Anyway, this dream didn't explain how I got rich either. In real life the only way that could happen is to win the lottery or a sweepstake. I'll certainly never get rich on the job or writing a weekly column. There are no wealthy relatives to eventually pass on an inheritance that will leave me financially comfortable.

So, for the sake of argument I will assume that in this dream I won a very large sum of money. It would have had to be a very large sum because the setting of the dream was a very swanky hotel. The kind of swanky hotel that Donald Trump might own. There was a lot of mahogany and gold and carpets that your feet sunk way down into. And, it was apparent in this dream that I was not just passing through this swanky hotel — I lived there!

I have no idea what I did with Henry or my cats and I'm pretty sure that if the dream had directed me to have a valet bring my car around it would not have been my older mod-

el Buick Century with the glove compartment that is taped shut with duct tape.

I was definitely living a life of luxury. But, here's the strange part ... okay, it's all strange, but this makes it even stranger. I was living a life of luxury, but I didn't love it. You'd think I would. It was painfully obvious that I didn't know how to be rich. I was like a fish out of water.

As the dream progressed it started to look like a bad version of Ma and Pa Kettle Take Manhattan only in this case Ma came alone.

At one point I'm in a very posh restaurant, maybe it was the hotel's restaurant, I don't know. I do know that I was having an eight-

el of ground beef. I might be wrong but I don't think the five-star restaurant of my dream would have a single box of Hamburger Helper in their kitchen.

I imagine that people who are raised in an affluent environment are right at home with Haute Cuisine and bathrooms with bidets. I, however, am a lot more comfortable with a fried chicken dinner and a toilet that doesn't squirt back at me.

When I awoke from this dream of wealth and riches I looked around and saw very little I would consider posh or luxurious. My flannel pajamas are pretty luxurious on a cold night, but I don't think that counts.

A trip to the bathroom verified that I really was awake and no longer a resident of the Hotel Affluent. It was all too apparent that no maid service had been in that room.

In the kitchen I open the refrigerator and saw the Cool Whip bowl that I knew contained the left over Hamburger Helper from the previous night's supper. In my world we have supper and in my dream world it's dinner. I somehow found my supper left-overs comforting.

I guess I really don't know how to be a rich person, but I think with the proper training I could learn. All it would take is a little instruction and a whole lot of money.

Who knows, maybe some day I will win the lottery and be very rich and the way I see it, that would be a real dream come true.

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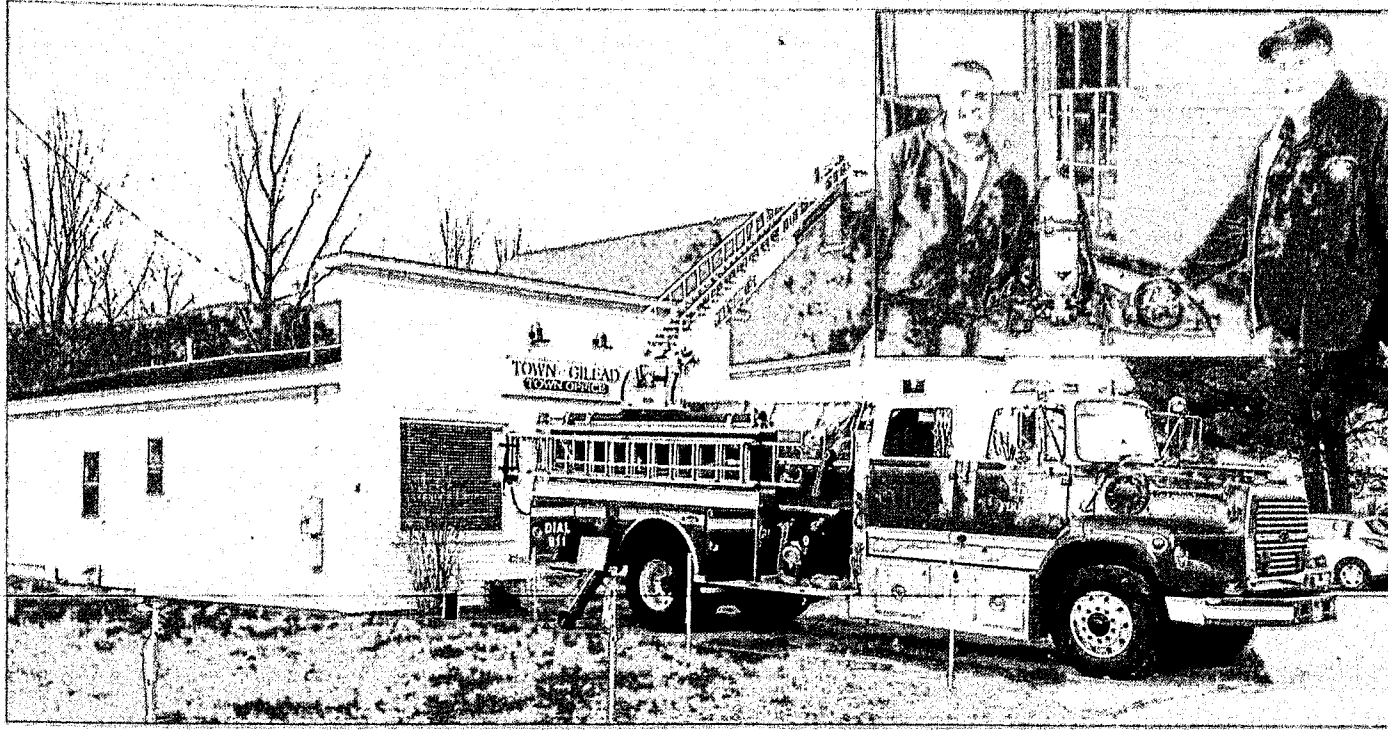
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NEW GILEAD FIRE DEPARTMENT EQUIPMENT-Voters attending the Gilead Town Meeting Saturday had a look at some recently purchased items for the Fire Department. Shown here is a 1993 ladder truck bought from a department in New York, and (inset), one each of six new airpicks and 12 masks bought with a \$40,000 grant from the Stephen and Tabitha King Foundation. Other equipment was also purchased with the grant money. Asst. Chief Fabian Corriveau (left) and Fire Chief Randy Grondin are pictured.

A. Aloisio



SHORT AND UNEVENTFUL-Saturday evening's annual Town Meeting in Gilead drew 14 voters to consider a warrant with a budget that was lower than last year. For details see Gilead town column, Page 7.

A. Aloisio

Bethel

By DON BENNETT



Maple syrup - Where the action was last week. There are three syrup makers in Sunday River that I know of. First stop on a tour would be at Fred and Rosemarie Burk's Sunday River Sugar House. Their syrup is delicious. The Burks have been at it for 50 years and have a very up to date plant and sugar maple grove. The trees cover the area bordered by Barker Brook and Sunday River. Four sap lines run from

tapped trees to a "Grand Central Station" junction where all the sap comes in and is sent on to the sugar house about 20-30 yards away. Their evaporator is heated by wood which Fred says maybe next year they will change to oil heat.

Next stop up the valley would be at the South Ridge, Sunday River Sugar House. I call this a ski-in/ski out sort of sugar house and sampling enterprise. Saturday there were trays of fresh syrup in small paper cups for visitors to taste. When I was there the main activity besides the evaporator giving up clouds of steam was a sugar spinning wheel. I

got a large handful of spun sugar - tasty but sticky. Great customer relations place.

The third stop up the valley would be at the Bruce Pierce's Goose Eye Farm. Since I was mainly interested in seeing the different evaporators at each stop and since I had been there before I didn't go up there Saturday. Their evaporator is what you might call the iPhone of evaporators - smaller than the others but probably more cost efficient.

All Aboard! - Last Call Passenger train service through Bethel was good for local trips as well as va-

cation and business travel. One could get a train to Berlin from Bethel or West Bethel - do some shopping at the Berlin liquor store and take a train home the same day. Albert Cotton used to tell me how he would meet friends from West Bethel in Berlin doing the same thing. Then in 1958 Western Union telegraph service was removed from the Bethel Station. In February 1960 mail service to Bethel by rail ended and mail from Bethel went to Auburn by truck. Six months later in September 1960 passenger train service from Portland to Island Pond,

From the

OCSD Patrol Log

Monday, March 21

At 11:55 a.m. Deputy Derek MacDonald responded to a complaint of theft of money on Mill Hill Road in Bethel.

At 8:40 p.m. Deputy Derek MacDonald received a report of suspicious activity on Songo Pond Road in Bethel.

Tuesday, March 22

At 7:22 a.m. Deputy Derek MacDonald received a report of a school bus all over the road in Bethel. He followed up on it.

Wednesday, March 23

At 4:30 a.m. Deputy Josh Aylward took a complaint of a suspicious subject on Paradise Road in Bethel. The subject was located and nothing was found to be suspicious.

At 7:23 a.m. Deputy Mike Fitzmorris responded to Bethel for a report of a possible violation of a protection order. An investigation was ongoing.

Friday, March 25

At 1:52 p.m. Deputy Mike Fitzmorris responded to reports of a single vehicle accident with no injuries on the East Bethel Road in Bethel. The vehicle had rolled over.

Saturday, March 26

At 1:35 p.m. Deputy Mike Fitzmorris received reports of possible vandalism to a vehicle the night before on Main Street in Bethel. An investigation was ongoing.

At 3:47 p.m. Deputy Dani Welch received a report of theft of alcohol from a Mayville store in Bethel. The case was under investigation.

Vt. through Bethel ended. And, alas, the station itself was torn down in December 1968.

During the 1950s I made three kinds of trips to the station. One was for unloading bags of potatoes from freight cars; we used the potatoes for cattle feed in the winter. The second was to unload bags of beet pulp - same purpose, cattle feed. The third was for our dairy business; shipments of cottage cheese from the Berlin, N.H. Dairy. Empty containers were returned to Berlin Dairy the same way. Also during these years Gould Academy received carloads of coal for heating the school and field house.

March - April in years past In late March 1892 a special town meeting was

called to repeal a vote at the main annual town meeting to appropriate \$800 to pay tuition for Bethel students to attend Gould Academy. At that time only men could vote and there was a better way they thought to spend \$800. Opposition to paying tuition for Bethel students to attend Gould wanted to build a larger school in Bethel village. For \$800 they could buy the land needed to do this.

March 1937: Maine Alpine club planned several trips in this section. According to plans made by the Maine Alpine Club program committee the club had 14 trips ahead of them. Trail making was part of the proposed activities, and some of these trips included overnight ones plus a three-day trip to Ka-

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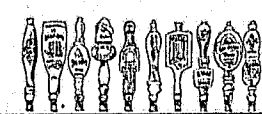
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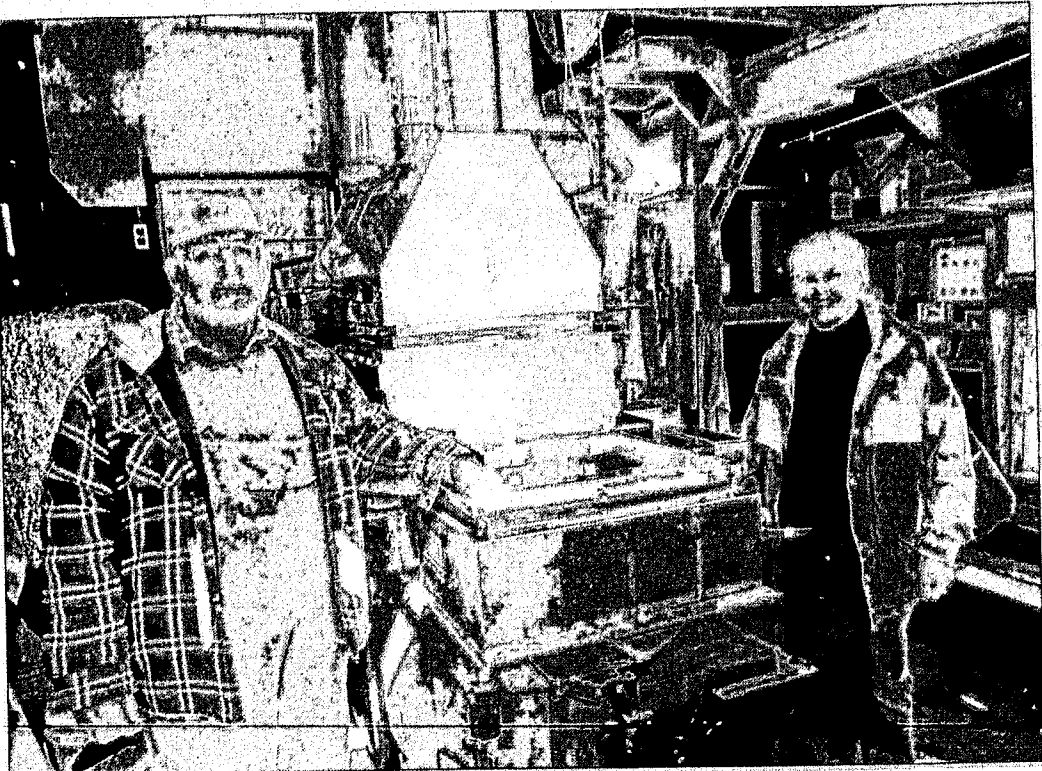
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On Maine Maple Sunday weekend Charles Hodge of Bethel (above) enjoyed pancakes and fresh syrup at the Dunham Farm in Greenwood. Suzanne Dunham said she believes production is up some over last year. "We've had more sap runs than last year and the previous year," she said. "We expect with the weather over the coming week and next, there are potential good temps (below freezing at night and above freezing during the day) for the sap to run."



Fred and Rosemarie Burk at their Sunday River Sugar House in Newry this past weekend. D. Bennett

tadin. Among the ascents planned by the committee are East and West Royce, Speckled Mountain, Tumbledown, Aziscohos and sections of the Appalachian Trail above Andover—also Caribou Mountain and the Ice Caves in Greenwood. Some of the climbs are for experienced alpinists but there are good scheduled climbs for beginners. Trail-making will be aimed toward making Goose-Eye easier to approach for Maine residents.

April 1958: The Sunday River Skiway Corporation was organized with Addison C. Saunders, president. Work was started by volunteers in clearing land on Bald (Barker) Mountain, Newry, for ski development.

April 1970: A late season storm left about six inches of heavy snow in the local area early in the month. Miss Cynthia Tift was crowned as the area's Spring Queen during a program at Bingham Hall sponsored by the Greater Bethel Chamber of Commerce. The Misses Karen, Bailey, Mary Ellen Andrews, Kathy Jo Morrill and Kristin Wiese were members of her court.

Bethel

By NANCY BROWN



The Bethel United Methodist Church is celebrating Holy Humor Sunday at its regular service on Sunday, April 3 at 9 a.m. Holy Humor Sunday, also known by the name Laughter Sunday or

Bright Sunday is being resurrected by many churches. For centuries eastern Orthodox Catholic and Protestant churches celebrated the week following Easter as "days of joy and laughter" with parties and festivals to celebrate Jesus' resurrection. The custom began with early theologians who claimed that God had played a practical joke on the devil by raising Jesus from the dead. The early theologians called the celebration, Ritus paschalis, the Easter laugh. In 1988 the Fellowship of Merry Christians encouraged churches and prayer groups to resurrect Bright Sunday celebrations and call it Holy Humor Sunday and to organize events around the theme "Jesus is the LIFE of the party." Churches and groups of many traditions and denominations now celebrate Holy Humor Sunday. Pastor Carol Stevens invites everyone to attend the celebration and to bring a joke to share. The church is located at 79 Main Street in Bethel.

I saw a large flock of robins on the lawn of the Riverview Motel on Sunday, March 27. There were probably 100 of the birds. Down the road at the Route 2 picnic area I saw another large group of robins. It is not unusual to see robins in the winter in Bethel. Not all robins migrate south for the winter. If they have a food source, they will stay put. They are omnivorous and eat not only the worms available in spring and summer, but also nuts, berries, and seeds. We may not al-

ways see the robins in winter because they may stay in the woods, which offer more protection from the wintry weather. However, such large numbers mean that there is food to sustain them and spring probably is close at hand.

If you've been out and about you know that the price of gasoline has skyrocketed in the past week. Prices rose by 10 cents a gallon this week. On Saturday, I paid \$2.09 a gallon for gasoline in South Paris. On Sunday gasoline in Bethel was priced from \$2.01 to \$2.04 at our four gas stations. This is up 30 cents a gallon from a month ago when we were paying \$1.77 a gallon. Are you as outraged as I am about this?

Repair work has started on the Route 2 bridge across the Androscoggin River. There is one-lane traffic while crews are working. Huge lighted signs warn drivers about the work. The sign for westbound drivers says "Don't block North Road or drives." Both days I drove Route 2 last week, trucks and cars were blocking the North Road. Let's be more courteous of other drivers, the road crews, and the residents of the North Road.

If you have news to share, please e-mail me at brown-nancy1950@gmail.com.

West Bethel

By KAREN PAUL



Diary of our Trip from Bethel to Colorado: We left Bethel this morning at 7:30 a.m. in Dad's Honda Odyssey headed for

the Concord Bus Station in Portland. We heard an awful high pitched sound and stopped twice to check the doors and windows. We found the airbag sign red and lit so decided that must be the cause of the ear wrecking noise. We endured the screaming sound all the way to Portland. Not a pleasant trip.

We arrived at 9:15 with only moments to spare to buy our round trip tickets (\$78 for both of us) to Boston South Station. This is a hub for taxis, trains, planes, and all sorts of transportation. Dad's breathing was labored and he was complaining of knee and hip pain after walking across the station to the elevator. We took turns sitting with the luggage while the other used the facilities. We were on third floor and had to make it to street level to pay for our train reservations.

Daddy was so spent I sat him at a table in the food court and hurried across an expansive building to the ticket offices. I found a Red Cap named Allen who directed me to a very nice lady who ran my credit card \$514.21 for our ride to Colorado. Allen helped us with a wheelchair ride for dad and a carriage ride for our heavy luggage.

We stopped in Boston Back Bay soon after we had started. Now we are at Framingham to pick up more travelers. In 40 minutes we'll be at Worcester, Mass. The conductor announces our stops. We are now stopped for a few minutes in Worcester then through Auburn. The view in cities from the train is pretty dirty and bleak. Springfield will be the next stop in one hour and 15 minutes.

I have asked a conductor what happens when we arrive in Albany, N.Y. Do we get off this train go

through the station or just move to another car on this train? He is checking with a superior conductor. It's 2:10 p.m.

We've been chatting with a delightful young man who normally works the Albany to Chicago section of the route. He's getting us coffees, dad a hotdog, and me a parmesan Panini. All this delivered for only \$17. Ouch!

Our next stop is Pittsfield one hour and 15 min. This leg of our journey there was no snow and lots of sycamore and other scrubby trees. The Berkshires are almost as boring as the brown dead grasses and hillsides. There were a few arched stone bridges that were a marvel of construction. The sky today is dull and full of clouds making it slightly gloomy but pleasant enough to sight-see by.

Dad is very quiet enjoying the scenery from his window seat. He is definitely an encyclopedia of knowledge. He is on north side of train where there is more snow and I the south side.

We are arriving in Pittsfield, Mass. home of Tanglewood, famed summer home of the Boston Symphony Orchestra. Pittsfield is the largest city and county seat of Berkshire County, Mass. and 1,040 feet above sea level. Our next stop will be Albany/Rensselaer one hour 10 minutes from now. We are at 4:50 p.m. as of right now. We are on Train 449.

Our next train leaves Albany at 7:05 where we will be in a first class sleeper car on train 49. Our conductor just announced we will have a few minutes delay so an east bound train to Boston can pass us on the right. 5 p.m. and the Eastbound train just padded us. We are beginning to move forward again.

Dad just spotted a ski area. Bosquet Ski Area is 200 acre ski area located on a northern summit of Yokun Ridge in Pittsfield, Mass. within the Berkshires cultural of the train. This is Lake Onota within the city of Pittsfield called a great pond 617 acres of water. The daylight outside our windows is dwindling causing me to squint to see anything. My diary will most likely come to an abrupt end as I lose all sense of scenery.

East Bethel

By WALLY RITZ



What a dreary Monday after such a beautiful Easter Sunday.

Arlene Harrington and Esther had Easter dinner at her granddaughter Shannon Smith's in West Paris. They all had an Easter egg hunt afterward.

Please, feel free to call me anytime at 507-1008 or e-mail heinrichcracker@gmail.com with your news, questions or information. I appreciate your help and input. Now on to the answer to the Trivia. I will have to go into more detail in answering than usual in order to give a correct answer as all the various callers were right. George Kimball Hastings was one of the first farmers in the area to raise potatoes as a major crop. His son Robert Decatur Hastings, who had a two-year degree in agriculture from the University of Maine, continued the tradition and increased the farm acreage extensively.

Have a great week.

Save a Lot food stores 3 Day Meat Sale April 1st, 2nd, 3rd

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Country Fresh Family Pack Boneless Pork Sirloin Chops	\$1.77	Per Pound
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USDA Inspected Choice Boneless Family Pack Cube Steak	\$4.47	Per Pound
USDA Inspected Choice Boneless Family Pack Stew Meat	\$4.47	Per Pound
Country Fresh Hot Or Sweet Prima Porta Sausage	\$2.47	Per Pound
5Lb Box Frozen At Sea Cello Haddock	\$26.97	Box
Frozen Scallop Pieces	\$9.97	Per Pound

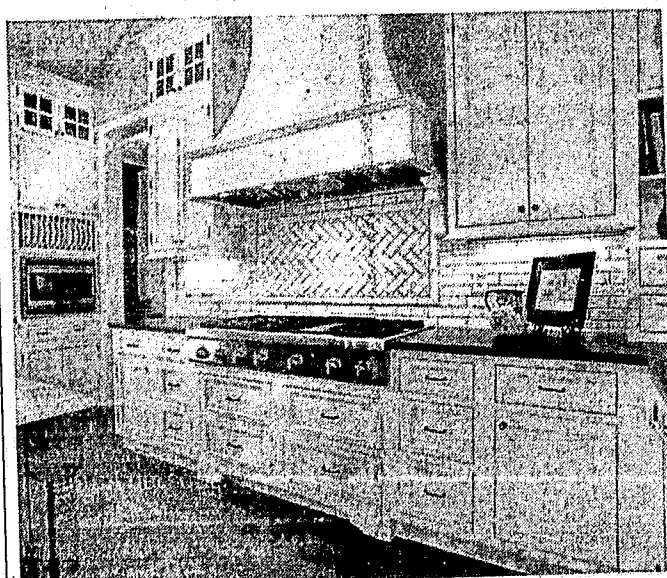
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Gilead

By LIN CHAPMAN



The last day of March! It would be nice if any weather events that occur at this point were April showers. No more snowstorms!

My brother, Steve McLain, arrived early last Saturday and started the woodstove in the Town Hall for the town meeting.

Last Sunday, Steve and Lise McLain went to the Swain Farm for Maple Syrup Sunday and then went out to the Kowloon Village Restaurant for dinner.

Hugh and I enjoyed Easter dinner at Tim and Michele Chapman's house last Sunday. Those present were Leo and Ann Croteau, Tom Goulet (Michele's uncle), and our grandchildren, Ajay and Sidney.

Peter and Claudia Risbar were at their Gilead house on Easter Sunday and spent the night. They stopped by our house on Monday and dropped off some of their maple syrup.

Condolences go out to the family of Diane 'Dupont' Bean. Diane grew up in Gilead and had many fond memories of her hometown. She was an Honorary Member and great supporter of the Gilead Historical Society. As a child, I spent a lot of time at the Dupont house hanging out with the Dupont girls. Please read Diane's obituary for more information regarding her family.

Town Office

The Annual Town Meeting was held last Saturday, March 26 at the town hall. While Steve McLain was starting the fire, Alfred Leighton arrived and helped to set up the hall. The stove was kept going throughout the day by Alfred Leighton and Jeremy Morin. Thanks to the three selectmen for helping to get the hall ready for the meeting.

There are 138 registered voters on the voting list. There were 14 registered voters who arrived to vote on the town's annual budget. There were also a few non-resident taxpayers in attendance.

Stephen McLain was re-elected to the office of selectman and Ann Choquette retained her position on the school board. Both ran unopposed.

The amount to be raised on each article was the same as last year with only a couple of exceptions. Therefore, the meeting went rather quickly. It lasted only twenty-four minutes. A total of \$168,074 was raised. This is down \$24,500 from last year since \$30,000 was not raised for road work and repairs, but there were two accounts that increased-Buildings/Grounds by \$500 and the town share of FICA and Medicare by \$5,000. This amount does not include the school budget, which

will be voted on in June. Members of the Gilead Fire Department were in attendance. They had a self-contained breathing apparatus (SCBA) on display. They were ready to speak with anyone who wanted more information on the SCBA or their latest project, which is raising funds to supply refrigerators for the Barbara Bush Children's Hospital. There is more information on their Facebook page - Gilead Maine Volunteer Fire Department.

Gilead

Historical Society
The GHS has just received a couple of pictures from Bo and Heide Munro. Heide has been looking through material and found a couple of pictures of General John B. and Fanny Gordon. They were the parents of Caroline Gordon Brown, who was the wife of Orton B. Brown, owners of the Brown Farm on the North Road. Thanks to Bo and Heide for a great addition to the GHS archives.

Got any news? Call 836-2987 or e-mail chapmal@hotmail.com.

Andover

By JANE RICH

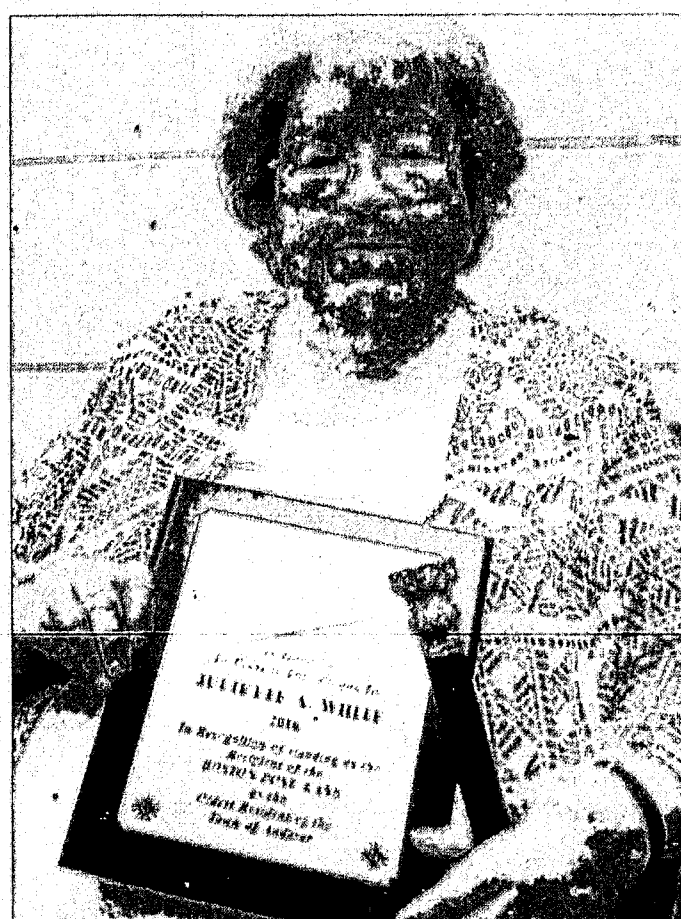


On Saturday 35 children gathered at Mills Market for the annual Easter Egg Hunt and were surprised by the Easter Bunny who made a special appearance in Andover for the occasion. Each child received an Easter Basket and cash. Thanks to members of the community for supporting this project.

Newly elected Selectman, Sharon Hutchins performed her first official act on Saturday, when along with yours truly, the Boston Post Cane was presented to Juliette White at the Rumford Community Home. Her children, and some grandchildren were present for the festive occasion along with Alice Sennett, a former resident of Andover. Daughter, Sandra Delano, turned the event into a nice party for all involved. Thanks Sandy.

The Snow Valley Sno-Gers Snowmobile Club will hold its final meeting of the season on Saturday, April 2 beginning at 6 p.m. with a potluck supper. Meeting to follow at 7 p.m. with the annual election of officers. Please bring a dish to share. The meeting will take place at the clubhouse off of Route 5.

Maine DOT has informed the Selectmen that the Lovejoy Covered Bridge will be re-roofed which will be a two-week project to be completed by June 10. The bridge by Farrington's mill in East Andover is also on the schedule for repairs and that job will take five weeks and be completed by September 9. Both projects will require detours.



BOSTON POST CANE RECIPIENT-Juliette White, 95, of Andover has been presented with the Boston Post Cane as the town's oldest citizen. Selectman Jane Rich and Sharon Hutchins presented it Saturday. Submitted photo

Be sure to mark your calendars for Wednesday, April 13 as there will be a special program on Fraud & Scam Awareness: How to Protect Yourself presented by Valerie Cole of SeniorsPlus. The program will be from 2 to 4 p.m. at the Town Hall.

At Town Meeting the Andover Historical Society passed out copies of their mission statement which in part says, "The Andover Historical Society's mission is to serve present and future generations who have an interest in Andover, therefore, to preserve historical landmarks, artifacts, and records." The society requested an extra \$500 from the Town to purchase a portable computer/laptop, laser printer and two handheld scanners in order to create a system to file and organize artifacts and holdings of the society. The article was approved.

Selectmen, as Assessors, hope all who wish to file Tree Growth Plans, Homestead and Veterans exemptions will have done so by Friday, April 1 which is the deadline to effect taxes for 2016. The public could help in the accurate transfer of properties, if maps were submitted to the Town Office in the case of splits or additions of abutting property by a land owner preferably in the form of an 8.5x11 paper drawing or actual survey. This would help with accuracy in assessing.

Waterford

By ROCKIE GRAHAM



Tomorrow is April Fool's Day. I shall attempt to be good. It is not that I am that much of a joker, it is just that I have really fooled a few people in the past. I guess there is no reason to do it again.

taller than me. Have also seen his daughter, our great-granddaughter. She is just cute a punch. Anna-belle is her name.

We hear we will have another great-grandchild come September. Don't know yet if it will be a boy or girl. It will be loved whatever it is.

That is all for this week. Have a great week. Watch out for the icy rain and the snow that may hit us.

Locke's Mills

By AMY WIGHT CHAPMAN



There will be an opening for a school director to fill at the Greenwood town meeting in May, as Dick Melville has decided that fifty years on the board is enough. I believe he became a school director in 1965, when the area towns joined together to form MSAD 44, and, except for the years when Bev was teaching in the district and he couldn't serve on the board, he has been there ever since.

If you are interested in running for the seat, let Town Manager Kim Sparks know.

The Greenwood Bicentennial Committee is looking for artists with a connection to the town (resident, former resident, part-time resident, etc.) to paint unique designs on wooden desks from the old Locke's Mills School, to be auctioned as a fundraiser. Butch Fuller and Peter Musso are working to identify and contact local artists, so if you are one, or you know of someone who is, get in touch with Butch or Pete.

It looks like ice-out will occur any day now on our area ponds. I'm betting on April 3 for North Pond, but we'll see. Some years it seems to take forever after the ice turns dark for it to finally go.

I promised an update on my homemade sourdough starter. The directions I used said the starter might

be ready to use for baking after five days, but mine took almost two weeks to get really bubbly. I kept feeding it and waited, and it paid off - my first attempt at sourdough bread turned out really well.

I started it early in the morning and let the dough rise most of the day. In fact, I think the whole process took about 13 hours from start to finish, but the hands-on time wasn't any more than for any yeast bread recipe. It's kind of amazing to me that you can bake a delicious loaf of bread with a nice, chewy consistency from nothing more than water, flour, and salt.

Now my starter is living in the refrigerator, so I only have to feed it about once a week, which is probably about how often I'll attempt to bake with it. I used some in pizza dough last weekend, but since I didn't have all day to wait for it to rise, I also used a little yeast. That's sort of cheating, but the sourdough did give the pizza crust a nice flavor.

Coincidentally, I just read an NPR story about Sweden, where there is a long tradition of sourdough baking, and where five weeks of annual vacation is the norm. Since sourdough starter can't be left untended for that long, a bakery in the Stockholm airport allows people to drop their starter off when they jet off for vacation, and it will be lovingly fed and tended for them until they return. The bakery charges \$3 a day for the service, and apparently people are glad to pay it.

We had Easter dinner in Sunday River with my brother Steve and his family, and later we went to see a movie at The Gem Theater in Bethel. It's great to have a movie theater back in the area.

Don't forget the Farmers Market in the old Town Hall this Friday, April 1 from 4 to 6 p.m.!

E-mail news to amy.w.chapman@gmail.com or leave a message at 875-5511 or on Facebook.

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Hanover

By MARIA HOLLOWAY



A Winning Essay

Congratulations to eight-year-old Julien Byam, son of Ben and Samantha Byam of Rumford Point. Julien was the proud recipient of the Future of Maine Scholarship, presented by the Maine College Circle in collaboration with area organizations and businesses of Maine. The prize is a \$100 scholarship toward future college education. Julien attends third grade at the Meroby School in Mexico and his winning essay spoke of his career aspirations. Fifty-six winners were chosen from 285 applications. The winners were recognized at an awards ceremony this past Friday at Mountain Valley High School. Julien's parent and his big brother Jonah and little sister Melina are so very proud of him. Here is his essay.

"What I Want to Be When I Grow Up"

What I want to be is a Maine State Game Warden. I know, you're like, wait a minute! Game Wardens play video games. NO! Game stands for animals! Game Wardens protect the woods and animals. They also arrest poachers. Poachers are people that shoot animals and take the meat and just leave the animal there. They do this and it's illegal, which means against the law.

I like going fishing, like when I caught a small

mouth bass! I LOVE THE OUTDOORS!!!!!! Like when I went to the woods I built a little fort. My Dad takes me snowmobiling in the winter time, and we see a lot of animals like deer, moose, and other animal tracks. I'm about to get my hunting license. I want to be a Maine State Game Warden!

I think this would be a great career for me because I love the outdoors! I've wanted to be one my whole life! When I was younger I would play Game Wardens with my little sister and my sister would be the poacher and I would be the Game Warden. I also really like law enforcement.

I watch North Woods Law, too! It looks like being a Game Warden would be really fun, and I like the color green, and their badge, too.

I want to go to college in Maine. I want to go to the University of Presque Isle. Why? It looks really beautiful. They have a light parade every year! Another reason is the mascot is a snowy owl! I love owls just like teacher Mrs. Wing!

Some courses I would take are: Wildlife Management, Criminal Justice, Biology, Wildlife Ecology, and Land Use Management.

These are some of the reasons why I should be chosen.

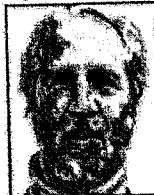
Julien Byam, Feb. 8, 2016. Congratulations, Julien, and best wishes in all your endeavors. You are a special, smart and courageous young man. We are ALL proud of your accomplishment.



Richard Grover of Mason got this photo March 25 of a bluebird outside his house. "The bluebird is attracted by the flocks of goldfinches on our feeder," said Grover.

Newry

By DOUG WEBSTER



I hope everybody had a chance to reflect on Easter weekend and in some way connect with family and friends. Hello to all my sapping enthusiasts. What I thought could be a poor year hasn't been as of late. I had quite a good stretch for about a week now with this weekend being the strongest. As I've done in the past, I'm only tapping my one tree and have two taps in it. I had one that was doing poorly. When you have a 2 tap system, well let's just say, you're percentages start to go

down. I guess I thought if I watched it long enough, it would start running! Luckily, before this weekend's nice run, I drilled a new hole about 3 inches away and the sap has been running ever since. So I hope everyone else is having a good season, and if you don't make it yourself, make sure to find some of our locally made syrup. There's plenty around, and it can't be beat.

I went up to Sunday River on Saturday afternoon to see what was happening and stopped in at South Ridge Lodge and found lots of people enjoying a great day of spring skiing and having a great time. The sun was shining and the lodge had a couple of bands lined up that were

playing outside at slope-side. I'm glad that all involved had some sunny weather. That always makes those venues so much better.

The school taxation reallocation of funds committee will begin soon. I trust that Newry's representatives will be able to move this process forward along with the other towns. That way we can get the district closer to how the rest of the state allocates funds for their school districts. I give my best wishes to the committee. I hope I can make the meetings; it will be interesting to see this play out.

I hope folks got out and enjoyed the early fishing this year. That was quite a surprise. Bye for now.

Upton

By JOE BERNIER



There is not much news in town at this time. There are spring conditions in other areas of Maine. Here in Upton, we are waiting for some signs of it. It is too late for snow to be any use, too early for spring, and too muddy for ATVs. One of my sisters has threatened to drive here and start something so I will have something to write about.

For several years, the Upton House was home to a cat. The proprietors called the cat "The Stone" because it would sit very still on the lawn for hours and watch the birds on the bird-feeder. Sadly, the Stone disappeared last summer. I have been informed that there is now a kitten in the house. I cannot help but speculate what the kitten will be called, perhaps Pebble, Little Rock, Rolling Stone. How about Mica, Quartz or Flint?

No one has mentioned Umbagog ice-out to me. So I assume that it has not yet happened.

Please call 533-2010 or e-mail backstjoe@gmail.com with your local news.

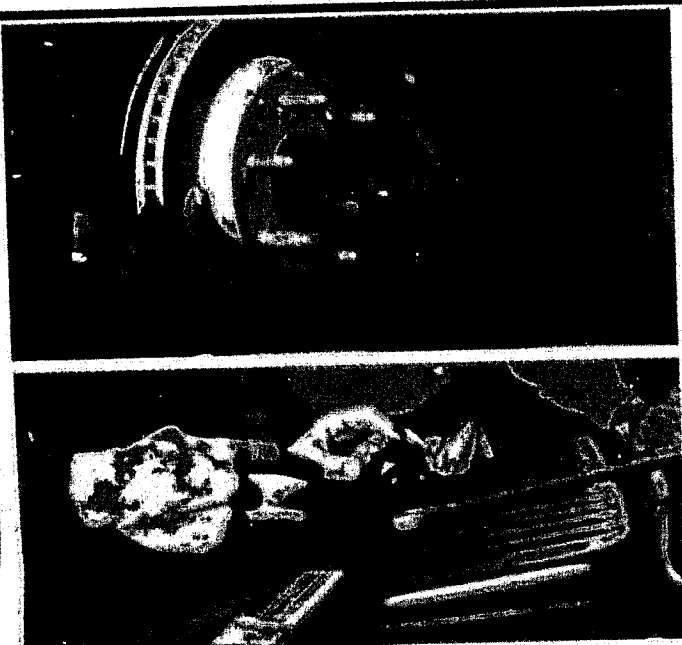
Bryant Pond

By ALICE HOYT



Franklin Grange 124 met at the Grange Hall on Monday, March 21 for a regular meeting. It was vot-

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According to data from TrueCar.com, in 2012 the average new car cost \$30,500. That's a considerable expense, especially at a time when fuel costs remain high and cost of living continues to rise.

Because new cars have become so expensive, more and more vehicle owners are looking for ways to extend the life of their vehicles. The longer a car can stay on the road, the better an investment that vehicle becomes. Fortunately, there are several steps vehicle owners can take that should ensure their vehicles stay on the road for years to come.

Scale back on short trips. The toll cold starts take on a vehicle can add up over time. When a car is started, condensation builds up in the vehicle's exhaust system. On longer trips, that condensation will

gradually evaporate. However, on short trips, that condensation often does not have enough time to evaporate, and over time too many short trips will lead to an accumulation of water in the muffler that can lead to rust and rust holes on the muffler. Short trips also can negatively affect gas mileage. When possible, leave your car at home on trips into town when you can just as easily walk or ride a bicycle. Over time, reducing the amount of short trips you take in your car will greatly reduce wear and tear on your vehicle and improve your fuel efficiency as well.

Stick to the manufacturer's recommended maintenance schedule. Adhering to your vehicle's maintenance schedule serves many purposes, including improving

the its durability and protecting various components, including its cooling system and drivetrain. While many manufacturers used to recommend changing a vehicle's oil every 3,000 miles, many of today's newer automobiles need their oil changed less frequently. Check your owner's manual for manufacturer recommendations regarding oil changes, and don't forget to replace the oil filter when changing your vehicle's oil.

Pay attention to brake pads. Brake pads that are allowed to wear down can cause damage to the brakes' rotors and calipers. That damage can prove costly and make things harder on your vehicle. Keep an eye on your vehicle's brake pads, which are far less expensive to replace than rotors and calipers, and do not allow them to wear down to metal.

Keep your tires properly inflated. Tires that are under-inflated will negatively impact your vehicle's fuel efficiency. In addition, the tires' life expectancy is reduced considerably when tires are not properly inflated. Routinely check your tire pressure, especially if you drive a lot, and keep tires inflated at the pressure recommended in your vehicle's owner's manual.

Be mindful when filling up your tank. Many people do not pay much attention to their surroundings when pulling into the filling station. But when you fill up can impact your car's life expectancy. Perhaps the worst time to fill your tank is when the fuel tanker is in the gas station refilling the underground tanks. That's because the process of filling the underground tanks can stir up sediment that had settled at the bottom

of those tanks. If that sediment finds its way into your vehicle's gas tank, it can clog filters and fuel injectors and negatively affect the vehicle's performance. So unless your car is running on empty, avoid refilling its gas tank when the tanker is still in the station.

Take care of your vehicle's interior, too. Caring for a car is not just about being good to what's under the hood. Caring for the car's interior will not necessarily impact its performance, but a well-kept interior will improve how you look at your vehicle and how much you enjoy driving it. The longer you enjoy driving your vehicle, the longer you are likely to keep it. Preserve the vehicle's door and window seals; clean the dashboard, including the gauges; vacuum the floor mats; and wipe down the vehicle's interior, whether it's cloth or leather. Keeping up the appearance of the car's interior will make the vehicle more enjoyable to drive and increase its value at resale.

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ed to start meeting once a month from now on, and it will be the third Monday of each month at 7 p.m. Next meeting will be April 18. On Tuesday, April 5, Pomona Grange will meet at Franklin Grange. There will be a supper. The basket-making fundraiser was discussed. It will be held on April 9. Basket-making and lunch to be held at the Community Center/Fire Department in Harrison at 23 School Street, April 9 from 10 a.m. to 4 p.m. This is sponsored by Lakeside and Franklin Grange. Come learn how to make a "li'l cutie basket." Guaranteed to share laughter and fun. RSVP to Christine Hebert (743-5277) by April 7. All proceeds to benefit Lakeside and Franklin Granges.

Whitman Memorial Library program will be the first Thursday of April this month, April 7 at 2 p.m., please join them for a social hour. Supplies for the popular fad of adult coloring will be provided.

Card games will be part of the fun. At least one cribbage board will be available. Come welcome spring with friends.

The Woodstock-Greenwood Senior Citizens will meet on Thursday, April 7 at 11:30 at the Woodstock Fire Station. Dinner will be put on by the Daughters of Union Veterans. If there is no program, you can join them at the library.

Services at the Baptist Church are Sunday School at 9:15, Morning Worship at 10:30, Evening Service at 6 p.m. Wednesday evening at 6:30 is Mid-Week Service, Bloom for girls 13 to 18 and Foundations for guys 15 and up. On Sunday, April 10, Church Planter Ian Brown and family will be guests at the morning service. They are planting a church in the Quincy neighborhood of Boston called Liberty Baptist.

Larry Billings says he got a really nice table - a combination of simple and sophisticated.



Commander U.S. Fleet Activities Sasebo (Japan) Capt. Matthew Oviros presents Navy Career Counselor 1st Class Bethany Hale of Bryant Pond with the 2015 Sailor of the Year Award. Hale became Commander U.S. Fleet Activities Sasebo's Sailor of the Year for her exceptional leadership and providing excellent customer service on career fields, pay, records and correspondence, which contributed to the command's high morale and success. Petty Officer Hale graduated from Telstar High School. U.S. Navy photo by Mass Communication Specialist 3rd Class Kristopher Haley

Age Friendly Community news

The Bethel Area Age-Friendly Community Project is still in its infancy, and we are proud of what has been accomplished to date. In response to data collected from a community survey conducted in October 2015, the planning team is beginning to address top concerns. Foremost among them has been the availability of adequate transportation options for those unable to drive themselves; accordingly, a Transportation Task Force has begun work.

Some important groundwork is being laid for reaching out into the community. On April 1, Allen Cressy and Nancy Davis, from the Bethel Area planning team, will join a panel discussion on the topic of Outreach, at the Tri-State Summit on Aging in Concord, N.H.

Our Bethel project was cited recently in an international AARP Journal. Entitled "Learning from Rural Communities" and written by Peter Morelli,

the Manager of AARP Maine's Age-Friendly Communities Program, the article identifies issues that are of more concern in rural areas than in urban Age-Friendly Communities. He notes that some "community affairs, such as recreation and social services, are often organized by committees with no or limited government affiliation. Local non-profits play a critical role." The Bethel Committee, he says, "realizes the importance of contributing to town policy making, and a key member has joined in the town's comprehensive planning process."

Want to help in our work? You may contact Nancy Davis (nancydavis.bethel@gmail.com, 381-1110).

Did you see this Dennis the Menace cartoon? Mr. Wilson tells Dennis: "It's good to have goals in your life, but at my age... it seems like someone's always moving the goalpost!" We know what you mean, Mr. Wilson!

Prime Time Ski Club wraps up season

Mother Nature sure is mixed up this year. She waited until Spring was officially here (at least according to the calendar) before bringing us skiers some winter weather at last! According to a number of Prime Time Ski Club members, last week provided some of the best skiing of the season at Sunday River ski area.

Cold temperatures during both nights and days made it ideal weather for snowmaking and grooming and Sunday River workers did both, providing packed powder that rivaled conditions several members had experienced earlier this winter in Colorado.

One member who was daring enough to venture out in the freezing rain on Friday found that first tracks were similar to those on a powder day, except the "powder" consisted of tiny ice pellets. With the warm weather returning this week, spring conditions are back, the same conditions that made some members cut the season short a few weeks ago.

This is also the time of year that season passes are on sale for next year. It is also one of the few times people are happy to be old because Sunday River, like a lot of ski areas, offers discount skiing and season passes to those 65 and older with the best prices available until the end of April. Those 80 or older get to ski free. (The same is true of those 5 years old and younger.) Out of Prime Time's 142 members, 15 are 80 or older and get a free club membership as well as a Sunday River season pass. Ah, the perks of getting old!

This is also the time of year that Prime Time Ski Club's winter activities wind down with its end-of-year dinner held this week at The Sudbury Inn. About 50 members are expected to attend and there are sure to be a lot of hugs and good-byes. For many it will be the last time they see each other until next ski season.

For others, however, it just marks a transition from winter activities to summer activities, many of which they will do with Prime Time friends. Some 20 to 30 members are expected to participate in a four-day trip to Bar Harbor the end of June, enjoying hiking, biking, kayaking, shopping, eating and lots of laughing. Members also meet informally throughout the summer for kayaking, biking and socializing.

The winter may be coming to an end but the friendships forged through the club will not. This will be the last Prime Time Ski Club column until members start skiing again in December but the fun doesn't stop. If you are 50 or older and want to be part of the activities that Prime Time Ski Club can provide, check out our website at www.prime-timeskiclub.com and consider joining.

A fall annual meeting weekend in September that includes biking, hiking and kayaking, will kick off the 2016-17 ski season. Soon it will be December and club members will be meeting at either 9 a.m. at the South Ridge lifts or at North Peak lodge at 10 a.m. Hope to see you then if not before!

BANC Bash features networking, film

The Bethel Area Nonprofit Collaborative (BANC), The Gem Theater, and Gould Academy's IDEAS Center are excited to present the BANC Bash! on Thursday, April 14 at The Gem Theater, 20 Cross Street, Bethel. The event kicks-off with a workshop from 3 to 5 p.m. presented by Sara Shifrin, Director of the Gould IDEAS Center. Come learn about design thinking by doing. Participants will learn and practice how observations can inform ideas for innovation and business strategy. No experience with design thinking needed. Come help theater owners Wade and Beth learn about their location through the eyes of the folks who know it best - the residents of the Bethel area!

Following the workshop will be a social hour sponsored by Tumbledown Brewing Company and several local nonprofit organizations from BANC. Enjoy free beer and other refreshments while learning about these fantastic community groups, including the Mahoosuc Kids Association, Androscoggin River Watershed Council, Mahoosuc Pathways, Maine Adaptive Sports and Recreation, Mahoosuc Land Trust, Local Food Connection, Gould Academy's Field Guide, a design thinking summer workshop and several more.

At 6 p.m. is a showing of the film, Tumbledown, followed by a Q&A with the film directors who are from Maine.

Proceeds from the event will allow BANC and its thirty nonprofit member organizations to complete a \$10,000 matching grant from the Ferguson Family Foundation.

Tickets can be purchased through The Gem at their website: <http://the-gem-movies-art.myshopify.com/>. The cost is \$8 for the workshop only; \$8 for the film only; \$12 for the whole event. Participants must be 21 or over.

For more information, please contact Amy Scott at (207) 357-3189 or amyscott@bethelmainenonprofits.org.

About the sponsors:

BANC builds capacity and connections among organizations, municipalities, and businesses that work to make our community thrive.

The Gould Academy IDEAS Center brings the design thinking process to its students, campus and community.

The Mission of The Gem Theater is to build community, frame by frame!

Trails presentation at Charlotte Hobbs

The Charlotte Hobbs Library of Lovell will present Brian Marcaurelle from the Maine Island Trail Association, Tuesday, April 5 at 7 p.m.

Since 1988, the Maine Island Trail Association (MITA) has managed the nation's first recreational water trail for small boats. A grassroots effort started by Dave Getchell, Sr. - former editor of Small Boat Journal and National Fisherman - the association now has over 4,000 members that include boaters of all kinds who pledge to practice responsible, low-impact recreation on the Maine coast. The Trail has grown from an initial 30 islands to over 200 coastal properties - spanning some 375 miles from the New Hampshire border to Canada. In recent years it has been dubbed the "Best Trail in Maine," the "Best

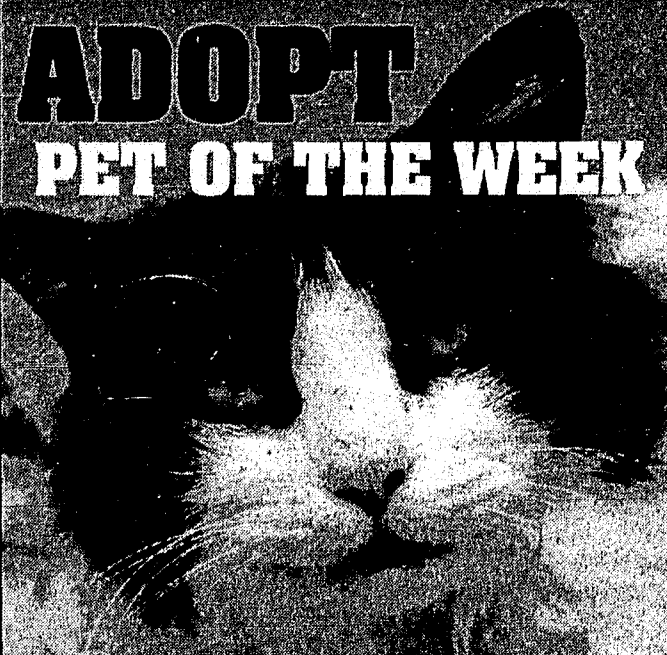
Sea Kayaking Trail in America," and "One of the 50 Best American Adventures" by national publications.

MITA's Program Director Brian Marcaurelle will take folks on a photographic journey along the Maine Island Trail that includes a look back at MITA's unique story as well as a look ahead to exciting opportunities on the horizon.

Brian began volunteering for MITA in 2004 and was hired as Stewardship Manager the following year. In 2009 he was named Program Director and now oversees MITA's program activities. He has a Masters in Environmental Management from the Yale School of Forestry & Environmental Studies and a BA in biology and environmental studies from Bowdoin College.

The Bethel Citizen

For complete local news coverage



ADOPT PET OF THE WEEK

This is Nemellyn. He's a good-looking, muscle-man cat that has given his caregivers at Responsible Pet Care a run for their money. Nemellyn did not like the shelter when he arrived. He gave everyone a difficult time when it came to feeding and having his kennel cleaned. But, Nemellyn made a turn around when he was given the freedom to roam around the intake room. Now, Nemellyn will eat food from the hands of his caregivers. He also purrs up a storm when he is patted. Nemellyn will need time to adjust to a new home. However, his caregivers think that his tough-guy days are behind him.

Anyone interested in adopting a pet from RPC can visit the shelter at 9 Swallow Road in South Paris Tuesday-Sunday 12-4 p.m. Most of the adoptable pets and the adoption application can be found online on the shelter's website at www.rpc.petfinder.com.

For answers to questions about adopting or fostering a pet, or to make an inquiry about a lost animal, call Responsible Pet Care after noon at 743-8679.



BETHEL ANIMAL HOSPITAL

179 Walkers Mills Road ~ Route 26
Bethel, Maine 04217

(207) 824-2212

bahvets@megalink.net

Bethel Animal Hospital offers laser therapy, acupuncture, and herbal supplements to complement (or replace) traditional drug therapies.

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Telstar Middle School news

As the new trimester begins, this week's report is from the 6th grade team:

TMS 6th grade:
Science: In 7th grade Science, students have been studying the important role that photosynthesis plays in the transfer of energy and cycling of matter on Earth. On Thursdays, Phil Catanese, from the Bryant Pond 4-H Tech Wizards Program, has been leading us in some hands on physics and engineering activities in preparation for building an underwater remote operated vehicle (ROV) that can be used to study the ecosystems of our local lakes and ponds. Students have been encouraged to try different designs as they experimented with buoyancy and electric circuits.

Math: Recently students reviewed ratios, rates, and unit rates, and learned ways to solve proportions. Now they have exploring and constructing charts, tables, graphs and equations that demonstrate proportional relationships. Students will investigate more unit rates, similar figures and scale drawing, as they continue our study of proportional reasoning. 7th grade math students have a busy trimester ahead. The topic "proportional relationships" is considered a Big Idea in their curriculum. Help and resources are always provided for students lacking basic math skill proficiency.

ELA: The 7th grade ELA

classes will be spending a bit of time reviewing standard English conventions like punctuation or capitalization. We will then be starting a new novel shortly called Lizzie Bright and the Buckminster Boy by Gary Schmidt to tie into Maine Studies.

Social Studies: In Social Studies students just finished a unit on the Middle Ages with a worksheet and map exercise on Black Death. They are starting a unit about Viking Explorers that will have the students figure out how geography and technology affected their course of travel. Students will be starting Maine Studies as soon as they complete the Viking unit.

Announcements:
 Week of March 28 - April 1

MEA testing
 New this spring to the Middle School: Mrs. Slatery is starting a bike club. The first meeting is April 4. Students will be doing both trail and road riding and will meet weekly every Monday after school.

Important Dates:
 Friday, April 1st: Report Cards go home
 Telstar Middle School Activity Night Dance 6 to 8:30 p.m.

Monday, April 4:
 Mahosuc Arts will be coming to TMS to conduct mini drumming and percussion workshops during the morning followed by an afternoon assembly for the whole school.

Bike Club informational meeting 2:20 in Mrs. Slat-

tery's room.

Thursday, April 7: will be our March Stars Assembly which has been moved due to MEA testing.

Week of April 11: Parent/teacher conferences

Friday, April 15: The last day of school before the April vacation.

April 18-22: April vacation

TMS General:

Parent Teacher Conferences: Be sure to sign up for a parent-teacher spring conference. Information will go home about sign-ups in the report card envelopes. You can call the Middle School office to schedule your appointment. Conferences will take place during the week of April 11.

Spring sports: Students should be signing up for sports now! Girls' softball, boys' baseball, boys/girls track and field will begin are set to begin in early April. Stay tuned for dates and more information.

Bussing information: Late busses continue to leave at 4:15, Monday through Thursday. Once spring sports start up, the late bus will resume its 5:15 departure. Stay tuned for specific dates!

Box Tops for Education: Please remember that TMS is always looking for ways to raise money for the student activity account, and Box Tops for Education is a great way that families can contribute. Just cut them out and send them in with your student(s) to the Middle School office!

Upcoming classes in SAD 44 Adult Education

Spring is a great time to learn a new skill or explore a new interest. MSAD 44 Adult & Community Education offers a variety of classes designed to enrich your life and expand your horizons.

Unless otherwise noted, the courses below begin the first week of April.

Music for everyone

Have you always wanted to learn to play the guitar? Or perhaps you've heard about the ukulele craze that is sweeping the country and wished you could join in.

Instructor Simon Smith will teach six weeks of Guitar Classes for two levels of learners, beginners and those with a little chord-playing experience.

Simon will also offer both a beginning Ukulele Class and a class for those who have already learned to change chords smoothly.

A six-week Exploring African Drumming class introduces beginners to the basic tenets of West African drumming and teaches them how to turn rhythm into music, while those with some drumming experience will enjoy the African Drumming Circle, an opportunity to play together with other drummers.

Love to sing, but have

no formal training? Simon will teach six weeks of Voice Lessons, covering reading music and healthy use of your voice.

Art and writing classes

New for this spring is Drawing and Watercolor Painting with Deb Lewis. All levels of experience are welcome in this six-week class, which offers a fun and supportive community in which to discover or nurture your inner artist.

Ellise Caswell will teach Wild Writes, a four-session class designed to encourage free association and letting the child writer out to play. Each class will begin with a creative meditation, guided visualization, or sense experience.

Channeling healing energy

On April 11 and 13, Emily Ecker will offer two opportunities to learn about Energy Health Systems and Polarity Therapy. Learn how this gentle form of therapy can direct the body's own healing energy to restore balance, maintain focus, and provide relief from chronic pain.

On April 14, join instructor Tanya Quarterman as she demonstrates how to use the ancient healing

art of Reiki to channel energy through the hands, promoting healing at all levels: emotional, mental, spiritual, and physical.

Knowledge you need

Defensive Driving: Instructor Eddy Naples teaches this five-hour, single-session course on Saturday, April 2 to help you improve your defensive driving ability.

Those who complete the course will receive a three-point credit on their driving record, and may qualify for insurance discounts.

Home Buyers Workshop: From home inspections to lending programs, there is a lot to learn about before becoming a homeowner. This free, single-session course on April 7, taught by local real estate agents and lenders, will highlight what to expect along the way to buying a home.

Intro to Self-employment: Join Karleen Andrews from New Ventures Maine for a one-session workshop on April 12 to help you decide if self-employment is right for you.

More information about any of these classes can be found in the spring course brochure, by calling the Adult Education office at 824-2136, ext. 1340, or by visiting the website at sad44.maineadulted.

Classes at Stephens Memorial Hospital

Stephens Memorial Hospital is pleased to offer Bread Making Basics. Are you having a hard time reading the ingredient list in the bread aisle? You are not alone. Commercially made breads are filled with unwanted and unhealthy ingredients. If you are looking for simple, healthy recipes for delicious homemade bread, this is the class for you. All you need is four ingredients and a little bit of time. Join Sarah Carter Hill who is a Community Nutrition Educator for SNAP-Ed with UNE and Program Coordinator at Healthy Oxford Hills, a project of Stephens Memorial Hospital for this fun and informative class.

This session will meet on Tuesday, April 5 at 5:30 to 7 p.m. at the Harper Conference Center in the Ripley Medical Office Building, Norway. Registration is required. There is no cost for this program. For more information or to register call please call 743-1562 ext. 6896.

Stephens Memorial Hospital and the MaineHealth Learning Resource Center are pleased to offer Living Well for Better Health. This is a Nationally Recognized, interactive workshop series held for two hours, once a week, for six weeks. Adults with any kind of health condition such as diabetes, heart disease, arthritis, depression, weight concerns, or any other ongoing health problem can attend. Family members or friends are encouraged to attend as well.

Join Robin Green, LSCW and Sharon Nightingale to learn new ways to deal with issues such as fatigue, pain, anxious feelings, sadness or depression. You'll also learn appropriate exercises for maintaining and improving strength, flexibility, and endurance, how to eat healthier, how to evaluate new treatments, how to be a member of your healthcare team, how to set goals, plan for your future, and much more. Coffee and muffins will be provided.

Workshop will meet on Tuesdays, April 5 through May 10, 9 to 11 a.m. at the Harper Conference Center in the Ripley Medical Office Building. Registration is required. There is no cost for this program. For more information or to register call please call 743-1562 ext. 6896.

Stephens Memorial Hospital is pleased to offer Living with Arthritis, move better with less pain. Learn strategies to manage arthritis of your hands, hips, knees and more. Join an Occupational Therapist and Physical Therapist from Stephens Memorial Hospital as they teach you exercises and joint protection strategies to help you move better and with less pain. A light refreshment will be provided.

This session will meet on Tuesday, April 12, 4 to 5 p.m. at the Harper Conference Center in the Ripley Medical Office Building. Registration is required. There is no cost for this program. For more information or to register call please call 743-1562 ext. 6896.

Visit Western Maine Health on the Internet at www.wmhcc.org or follow us at Facebook.com/StephensMemorialME.



Jam Stand

By Betsy Riley

S.W.A.G.-A deliciously creative acronym for the diet many people like myself adhere to; Simply Wonderful And Glutenless. About 8 years ago my stomach felt so terrible I was afraid to eat. Juggling three jobs, a household and a dog two sizes of me, I was a glorified stress ball. On the outside I was calm, cool and collected, but on the inside the mayhem was running amuck. Down to eating only eggs, avocado and tortilla chips I went to the local library and took out a few books on celiac disease and read into the wee hours of the morning. In layman terms I learned that celiac was an autoimmune condition that can present itself with varying symptoms. Hmm, I thought... autoimmune runs deep in my veins, perhaps I could self care for my tummy with diet? In a very short time after redetailing my fuel source, I was sleeping, able to eat and had more energy. I understood that this may not be for everyone, but at the time... I was running with it: I was now gluten free.

Over the last few years, the gluten free diet has tempted fad and attracted the curious. But for some, it's a way to a happy and comfortable life. Please understand that even in the realm of gluten free foods there are still some grains and high fiber foods that may or may not be tolerated. Get to know your stomach and work like a team... it's like wearing a smile instead of a frown: It feels better. SWAGalicious cooking!

Empanadas:

Little sweet or savory pies sure to satisfy!

4 cups Gluten free flour (I prefer King Arthur, but use your favorite)

2 tsp baking powder

2 tsp salt

1/4 c cold butter, cut into pieces

1 c cold water

In a food processor (or bowl) combine all the ingredients but the water. Pulse (or cut in) until the mixture resembles coarse meal. Add the water slowly, pulsing (and mixing) until the dough comes together. You may not need all the water. Roll the dough into golf ball sized balls. Using parchment paper, additional gluten free flour, whatever your preference, roll out each ball one at a time with a rolling pin into a 6 inch circle. Fill with 1 heaping Tbsp of desired filling on one side of the round (but not close to the edge) and fold the other side over. Using the tines of a fork, crimp the two edges together and place on greased (or lined) cookie sheet. Repeat with all the balls. At this point they can be frozen or baked at 400 degree for 30-40 minutes.

Empanada fillings: So many to choose from, but here are 2 basics to serve with salsa and sour cream.

Spicy Meat: 1 lb ground pork, beef (or combination), 1 onion diced, 1 jalapeno minced, 2 gloves garlic minced, 1 Tbsp chili powder, 1 tsp cumin, 1/2 tsp salt, pepper.

In a skillet over med-high heat, brown meat until just

done. Drain fat and put into a bowl. Add onion to the skillet over med heat and sauté for 5 minutes. Add remaining ingredients to onion, cook for 1 minute and add to meat. Stir. Allow to cool before filling dough rounds.

Spinach, potato and cheese: 3c+ fresh spinach julienned, 2 medium potatoes (baked and cooled with filling spooned out and slightly mashed), 1 c shredded sharp cheddar cheese, 1 c shredded Monterey jack cheese, zest of 1 lemon, 1/2 tsp salt and fresh cracked pepper. In a bowl combine all ingredients and use as filling.

SWAG Pizza Dough

As far as I am concerned, pizza should be a food group. Even for myself I will make this whole pizza and savor the rest until it is gone. This dough is firm and more "cracker like" than soft dough. But for those of us who want the flavor and finger food fun of a slice of pizza... it tastes great!

3 c GF flour

1 tsp salt

1/4 baking powder

3 Tbsp sugar

1 Tbsp yeast

1 1/4c warm water

1 Tbsp olive oil

Preheat oven to 350. In a small bowl combine 1/2 water with yeast and sugar and stir to dissolve. Set aside for 5 minutes. In a large bowl add flour, salt and baking powder and stir to combine. Flour yeast mixture over flour and add olive oil. Stir with a wooden spoon adding more water if necessary. Place dough on a greased pizza stone. Using your hand (or rolling pin) flatten the dough out to the edges working from the middle-out until the crust is about 1/4 inch thick. Bake for 25 minutes. Remove from oven and top with favorite toppings. Return to oven and bake another 20-25 minutes until golden brown, bubbly and delicious. Enjoy!

Pocket muffins

An absolute staple for breakfast or lunch!

2 eggs

1 c liquid (1/2 milk, 1/2 water is what I use)

2-4 Tbsp of sugar (depends on how sweet you want them)

2 Tbsp Canola oil

2 c Rice Flour

2 tsp salt

Preheat oven to 400. Mix wet ingredients together in a bowl. In a separate bowl measure flour and salt and stir in wet ingredients until just combine. Pour into greased or lined muffin tins and bake for 15-20 minutes. I usually bake in a greased 9x13 inch pan for 12-15 minutes and cut into 12 squares when cool. This way, I can slice and toast the square easily and make the best peanut butter and honey sandwich!

Church Services

BETHEL

Bethel Alliance Church-251 Walker's Mills Road, Rev. Kevin Bellinger, Senior Pastor and Nicholas Lutzo, Youth Pastor. Sundays: 9 a.m. Sunday School; 10 a.m. Worship Service (Nursery care and Children's Church are available). Wednesdays: 5:30-7 p.m. High School Youth Group; Thursdays: 5-7 p.m. Middle School Youth Group. FMI: 207-824-2289.

Bethel Church of the Nazarene - 16 Church Street, Bethel. Sunday School, 9:30 (for all ages), Pastor Peter Carter. Morning Worship 10:30. Wednesday evening 6 p.m. Prayer and Bible Study. FMI, transportation or prayer please contact Elaine Carter 415-9136 or Juanita Korhonen Keene 665-2528.

Bethel Episcopal House Church - Bethel House Church meets the third Sunday of each month at 8 p.m. The location will rotate among

member homes and the Intervale Meeting House, and The Rev. Nancy Moore from Christ Episcopal, Norway, leads the service and Eucharist. All are invited. FMI contact Rosemary Laban at 850-766-1241 or Christ Episcopal Church at 207-743-6782.

Roman Catholic Church of the Holy Savior, Our Lady of the Snows - 265 Walkers Mills Road (Route 26). Fr. Gregory Dube may be reached at the parish office 364-4556. Saturday Mass, 6 p.m. Announcements. FMI: 824-2933.

West Parish Congregational - Church Street. Rev. Timothy LeConey. Sundays: 10 a.m. worship and Sunday School Sept.-May. Communion first Sunday of the month. Tuesdays: 8:30 a.m., informal Prayer Group with coffee in the Chapel. All are welcome. First Wednesday of the month: 8 a.m., Mens' Breakfast Group. Entrance in rear of church. All events open to everyone.

United Methodist - 79 Main Street. Pastor Carol Stevens. Sunday worship service 9 a.m. FMI: 824-2027.

West Bethel Union - Morning worship and 9 a.m. Sunday School. FMI: 836-3533.

Pleasant Valley Bible - Pastor Dave Fraher. Sunday Services: Sunday School, 9 a.m.; Worship Service, 10 a.m. Ladies Bible study Tuesday, 2:30 p.m. Midweek Bible study and prayer, Wednesday 6 p.m. Awana Club Fridays 3:30 to 5 p.m. (Cubbies ages 3/4; Sparks Grades K-2; children may take bus from school). FMI: 836-2828. Visit us on our Facebook page.

Seventh Day Adventist Fellowship - Meets at the Nazarene Church on Saturdays, on Church Street in Bethel. Sabbath School 9:30 a.m.; Worship, 11 a.m. FMI: 357-7814.

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COMMUNITY CALENDAR

Thursday, March 31

"Paper Tigers" Free Screening; 6 to 8:30 p.m., The Gem Theater, 23 Cross Street, Bethel. Paper Tigers is a compelling new documentary that explores the impact of adverse childhood experiences (ACEs) and captures the transformation of struggling teens as teachers use the latest developmental science and trauma-informed approaches to break the cycle of adversity in their lives. The film covers sensitive subject matter and may not be suitable for young children. Open to the public. Childcare provided. Discussion to follow. FMI: www.PaperTiger-sMovie.com.

April 2, 9, 30 and May 7

Finnish Language Classes; Finnish-American Heritage Center, 8 Maple Street, West Paris. Marja-Leena Bailey will conduct the classes. \$75 per person (\$40 for additional family members). Please make out your checks to Finnish American Heritage Society and send them to the FinnAm at PO Box 294, West Paris, Maine 04289. Please include your email address and/or phone number. Refer any questions to Dale Piirainen at 461-3795.

Saturday, April 2

Defensive Driving Class; 8 a.m. to 1 p.m., Telstar High School, Room 133. This five-hour course will include discussion of collision avoidance techniques, safety issues, driver habits and attitudes and the basic elements that constantly challenge drivers on Maine's highways. The course format engages students with lectures, videos, and class discussion/participation. Those completing the course will receive a three-point credit on their driving record. This 5 hour class will help you develop better driving habits and insurance discounts are a possibility. \$40 per person. Instructor: Ed Naples. FMI: 824-2136.

Bottle Drive and Car Wash; 9 a.m. to 2 p.m., SAD 44 Bus Garage. Bottles can be dropped off at the bus garage, or the softball team will come pick them up. Proceeds benefit the Telstar softball team. FMI: Jim Lunney (316-7960), Jen Merrill (357-7124), Fred Johnson (357-2892) or Donna Howard (357-5555).

Benefit Supper for THS Student Alexis Sing; 5 to 6:30 p.m., Jackson-Silver Post 68, 595 Gore Road, Locke's Mills. This supper is to raise funds to help with medical bills for Alexis Sing, who is currently in the Spaulding Rehabilitation Hospital in Boston. Alexis is a 15 year old freshman at Telstar, and was found in a diabetic coma on Jan. 16, 2016. Swelling around her brain has caused loss of functional use of her right side. She is undergoing rehabilitation at the Boston facility, with her family traveling back and forth to aid in her recovery. The benefit will be a spaghetti feed. There will be a 50/50 drawing and a Chinese ticket auction. Tickets will be available at the door, and the drawing for items for the auction will be held at 6:30. FMI: Sheryl Morgan (890-5903) or Ellie Newell (890-7846).

Snow Valley Sno-Goers Potluck/Meeting; 6 p.m. potluck followed by a 7 p.m. meeting at the clubhouse off Route 5 in Andover. This is the final meeting of the season. Election of officers will be held. All club members and those interested in area snowmobiling are invited to attend. Please bring a dish to share for the potluck.

Sunday, April 3

Holy Humor Sunday; 9 a.m., Bethel United Methodist Church. Please bring your clean jokes to share.

Project Graduation Thirty One Bag Bingo; Locke's Mills Legion, 595 Gore Road. Admission: \$10/advance, \$15/door. Tickets are available at Crescent Park, Telstar, and from Tracy Walker at Woodstock School. Doors open at 11 a.m., Bingo starts at 1 p.m. There will be raffles, a 50/50, door prizes, and lunch and baked goods for sale.

April 4, 11, May 2 and 9

BANC Community Leadership Program; 4 to 7 p.m. Each of the four sessions will provide high-quality training from experts in the field and equip participants with important skills for serving on nonprofit boards, committees and other volunteer positions. Program fee: \$100 (scholarships are available). Each session will be held at a different location in the Bethel area. Registration deadline: March 28. FMI: Amy Scott (357-3189) or amyscott@bethelmainenonprofits.org.

Monday, April 4

Socrates Café Meeting; 6:30 to 8:30 p.m. Discussion topic: What Makes Ideologies Dangerous? Moderator: Thomas Phillips. Light refreshments provided. FMI call 583-6957.

Tuesday, April 5

Synchronicity Piano and Percussion Duo; 7 p.m., Gould Academy, Church Street, Bethel. \$15. Public welcomed. FMI: www.synchronicitymusic.com.

Maine Island Trail Assn. Photo Presentation; 7 p.m., Charlotte Hobbs Memorial Library, Lovell. MITA's Program Director Brian Marcaurelle will take folks on a photographic journey along the Maine Island Trail that includes a look back at MITA's unique story as well as a look ahead to exciting opportunities on the horizon. FMI: www.hobbslibrary.org or 925-3177.

Wednesday, April 6

Woodstock Elementary School Concert; 6:30 p.m. Grades K-5, band and chorus.

Thursday, April 7

Social Hour; 2 p.m., Whitman Memorial Library, Bryant Pond. Bring your own games or participate in the popular coloring fad. Coloring supplies will be provided. Cards and a cribbage board will be available. There is no charge and light refreshments will be served. Come and welcome spring by visiting with friends.

Fraud and Scams: How to Protect Yourself; 2 to 4 p.m., Andover Town Hall. A free workshop presented by SeniorsPlus. FMI: 1-800-427-1241.

Move it or Lose it; 4:30 to 6:30 p.m., Bethel Congregational Church, 32 Church Street, Bethel. "Move it or Lose it," a lively audience participation program with different types and ways to exercise, will be presented by To Your Health of Western Mountains Senior College (WMSC). Audience members will learn from local experts about the benefits of several different ways to exercise and will be invited to join the fun of trying these methods. Participants include: Betsey Foster, Tai Chi; Zumba for all ages, Patti Truman; and Chair Yoga with Karen Swanson. Dr. Catherine Swanson will add her thoughts on the importance of fitness. The program is sponsored by To Your Health of WMSC with the collaboration of Bethel Family Health Center and MSAD 44/Continuing Education. Public invited. Free admission. Light refreshments. FMI call 824-2053.

Home Buyers' Workshop; 7 to 9 p.m., Telstar High School. This course is to help answer questions you may have regarding the home buying process. Joyce Pereira and Claire Carver of Mahoosuc Realty and Shelley Kennagh from The Mortgage Network will host this course. We'll discuss the differences between customers and clients, outline home inspections and the role they play in the process, and cover some of the many lending programs available. We will highlight what to expect along the way to home ownership. FMI: 824-2136 ext. 1340 or <http://sad44.maineadulted.org>.

NAMI Maine Family to Family Course; This is the first in a course series that will run each Thursday through June 23. It is FREE and is an educational program for families, friends and caregivers of persons living with mental illness. It is taught by NAMI trained teachers who also have lived experience with these mental diseases. FMI/Registration: namimaine.org or 1-800-464-5767.

Navy Band Northeast's Popular Music Group, Rhode Island Sound concert; 7 p.m. at Medallion Opera house, 20 Park Street, Gorham, N.H. The band performs a wide variety of musical styles including traditional band literature, popular standards and patriotic favorites. Free and open to the public. For more information visit <https://www.usnwc.edu/About/Navy-Band-Northeast.aspx> or like us on Facebook.

Saturday, April 9

Smile Fund Yard Sale; 9 a.m. to 1 p.m., West Parish Congregational Church, Church Street, Bethel. Proceeds benefit adults who need dentures and are seeking work. Items may be dropped off at the church any time after Easter (March 27). Contact Jane Chandler (357-3524) for more information.

Indoor Yard Sale; 9 a.m. to 2 p.m., American Legion Post 72, Church Street, South

Paris. The lunch counter will be open and 50/50 tickets will be for sale. Come join the fun and help the Ladies' Auxiliary send three young girls to Girls' State.

Oxford Hills Honey Bee Club Workshop; 1 p.m., Oxford County Extension Center, 9 Olson Road, South Paris. Topic: How to run a two-way queen system. Presented by: Paul Szott. Public is welcome. FMI: Christopher (cpeaston@megalink.net) or mainehoneybees.com.

Woodstock Historical Society Hike; 8 p.m. The public is welcome to join members of the Woodstock Historical Society for a short hike to view the site of the old granite quarry. Participants will meet at Ed Howe's home at 3 Old County Road in Bryant Pond.

Woodstock Historical Society Meeting; 6 p.m. at the museum building on Main Street. Following the meeting, there will be a short program on the history of the granite quarry. All are welcome to attend.

Swingin' Bears Square Dance; 7 to 10 p.m., Oxford Hills Middle School, 100 Pine Street, South Paris. Kip and Linda Moulton will be calling and cuing for the evening. Door prizes, 50/50 drawing. \$7 per person (non-dancers welcome at no charge). FMI: Carla or Paul (892-6971), Eleanor (782-4050) or visit swinginbears.squaredanceme.us.

Monday, April 11

Essentials of College Planning for adults 19 and over; 10 a.m., Western Maine University and Community College Center, South Paris. FMI/Registration: 1-800-281-3703 or <http://meoc.maine.edu>. Free and open to the public.

Crescent Park School Concert; 6 p.m. Grades 4 and 5, band and chorus.

Tuesday, April 12

Introduction to Self-Employment; 1 to 3 p.m., Telstar High School. This one session workshop will help you decide if self-employment is the right choice for you. The class covers entrepreneurship, the pros and cons of owning your own business, ways to manage risk, the major elements of a business plan, the important financial pieces, the important steps needed for start-up and the many resources available to help you succeed. Instructor: Karleen Andrews from New Ventures Maine. FMI: 824-2136 ext. 1340 or <http://sad44.maineadulted.org>.

Wednesday, April 13

Bethel Senior Citizens Luncheon/Meeting; 11 a.m., Rooster's Roadhouse, Bethel. Menu: Teriyaki chicken or baked ham (\$13 per person). Reservations must be made before April 1 by calling Arlene Lowell at 824-2877 with your choice. Seating is limited.

Crescent Park School Concert; 6 p.m. Grades K-3.

Trout Unlimited's Fly Fishing 101; 7 p.m., First Congregational Church, 17 East Main Street, South Paris. If you are interested in learning to fly fish or want to get better at fly fishing, this event is for you. The presentation is free and open to both Trout Unlimited members and non-members.

Thursday, April 14

BANC Bash; The Gem Theater, Cross Street, Bethel. The event kicks-off with a workshop from 3 to 5 p.m. presented by Sara Shifrin, Director of the Gould IDEAS Center. Following the workshop will be a social hour sponsored by Tumbledown Brewing Company and several local nonprofit organizations from BANC. Enjoy free beer and other refreshments while learning about these fantastic community groups. At 6 p.m. is a showing of the film, Tumbledown, followed by a Q&A with the film directors who are from Maine. \$8 for workshop only or film only, \$12 for both. FMI/Tickets: Amy Scott (357-3189) or amyscott@bethelmainenonprofits.org or <http://the-gem-movies-art.myshopify.com/>.

Saturday, April 16

Hope Association Scrapbooking/Crafting Day; 7 a.m. to 10 p.m. silent auctions, swap table, 50/50. Tables are \$30 each. Breakfast and a healthy lunch included. Dinner is on your own. Electricity and internet connections will be available. Please call Tammy Roberts at 364-4561 for registration form or for more information. Registration deadline is April 4, 2016.

M
A
R

3
1

2
0
1
6

Puzzles4Kids

by Helene Hovanec

WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT SEASON IS IT WHEN YOU ARE ON A TRAMPOLINE?

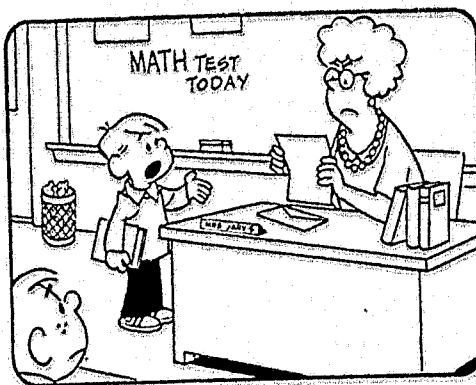
SPARSE	SPARE	NECTAR	CRANE
APPLES	LEAPS	SALINE	LANES
RINGER	REIGN	CAMDEN	DANCE
INSEAM	NAMES	RESCUE	CURSE
KENDRA	DRAKE		
GLOVES	LOVES		

For more puzzle fun, go to www.brainzzles.com

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



Differences: 1. Wastebasket is missing. 2. Word on chalkboard is different. 3. Nameplate is missing. 4. Envelope is moved. 5. Hair is different. 6. Beads are missing.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: E equals O

QPX NE XEH VPFZT VPU MEET
BFJPV QUGG WU MEZDFMVUN IZN
RUCDU VFBU? WUMIHURU PU'R IZ
UJJ WUIVUC.

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SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Sage
RACHOLS
Spring
BUNCOE
Pure
STACHE
Path
LIASE

TODAY'S WORD

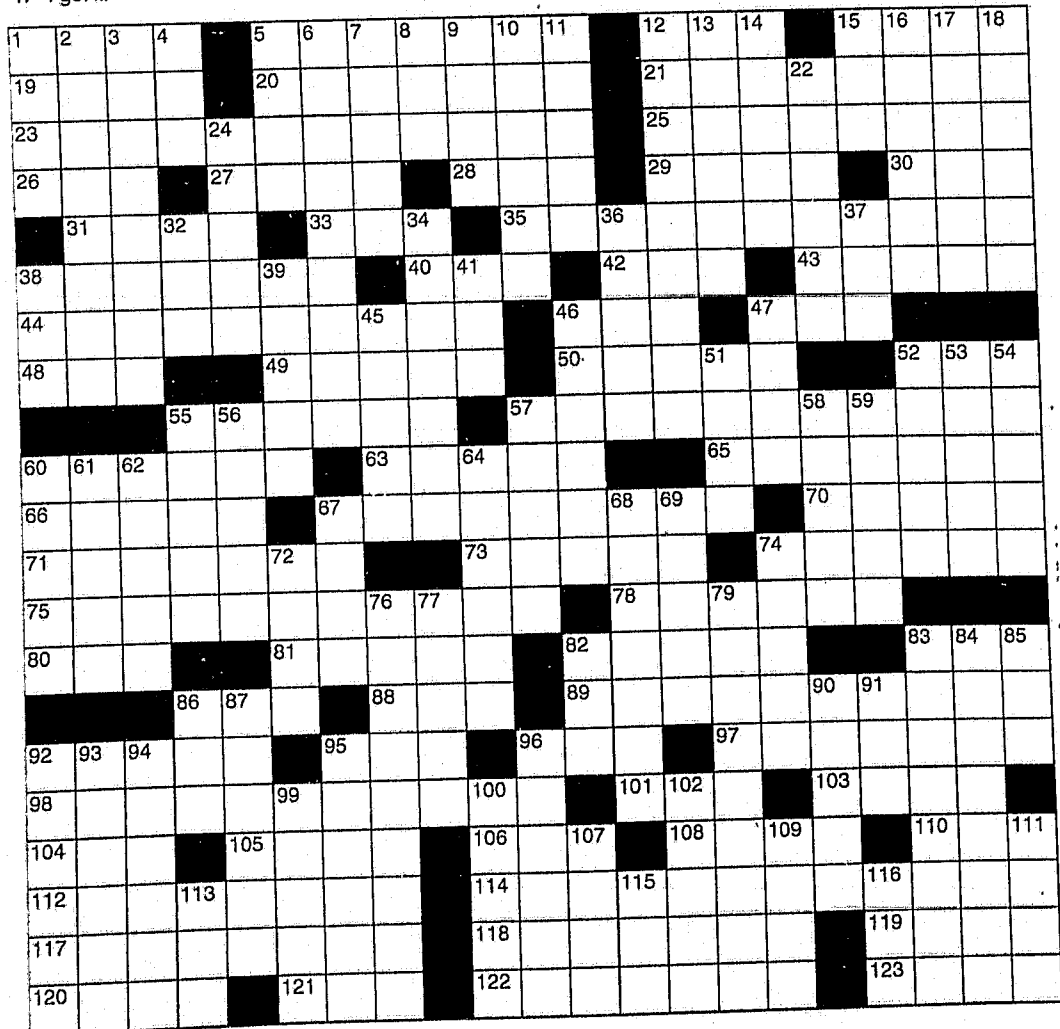


"Your cat has been leaving dead mice and birds on our doorstep all week, so I've made you a lovely _____!"

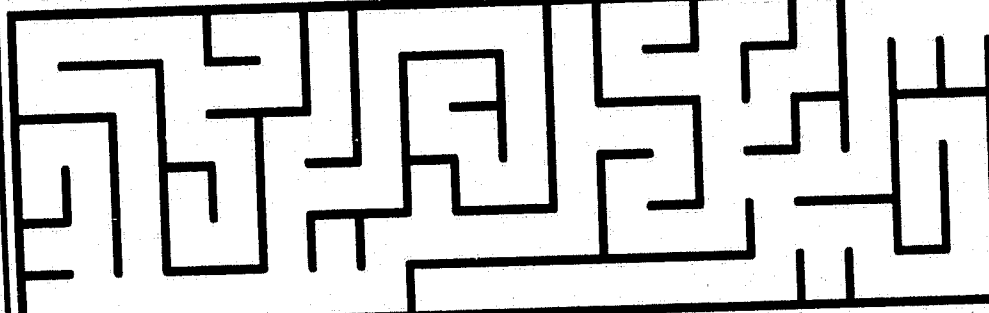
DISCARD PILE

Super Crossword

- ACROSS**
- 1 Merchandise taken back, briefly
 - 5 London or Manhattan area
 - 12 Divs. of dollars
 - 15 Leaf support
 - 19 Mimicry pro
 - 20 Angle units
 - 21 Girls' night out, perhaps
 - 23 Small-scale golf variety
 - 25 Massive
 - 26 Fr. holy woman
 - 27 Pop artist
 - 28 Utter fibs
 - 29 To be, in Québec
 - 30 Wedding chapel vow
 - 31 Like — of sunshine
 - 33 Draft lottery org.
 - 35 Insult-hurling sort
 - 38 Conversed with
 - 40 Settle a debt
 - 42 The, in Québec
 - 43 Stop
 - 44 Food cart's counterpart on a ranch
 - 46 Bummed out
 - 47 "I get ill"
 - 48 FDR's follower
 - 49 Grill master's cover-up
 - 50 Opera parts
 - 52 Actor Jack of "Barney Miller"
 - 55 Wichita resident
 - 57 Execute a long slap shot, maybe
 - 60 Snooping (about)
 - 63 Juan or Eva of Argentina
 - 65 Exact copy
 - 66 Backed — corner
 - 67 Phrase with synonyms starting this puzzle's eight longest Across answers
 - 70 Indonesian skewered meat dish
 - 71 Less quiet
 - 73 Analyze the makeup of
 - 74 Clan emblems
 - 75 Expert witnesses' unproven theories, say
 - 78 Kia minivan
 - 80 Noah's craft
 - 81 "L'shanah —" (Hebrew "Happy holidays")
 - 82 Shoulder lift
 - 83 Bee chaser?
 - 86 Bygone Olds
 - 88 Eden woman
 - 89 Beanbag tic-tac-toe game
 - 92 Stand by for
 - 95 Medical scan, briefly
 - 96 — Puf (body sponge)
 - 97 "Billy Budd" star Stamp
 - 98 Worker in the trenches?
 - 101 Antitrust org.
 - 103 Old Cuzco
 - 104 Portuguese for "year"
 - 105 Tony winner
 - 106 Plant pouch
 - 108 "Woe is me!"
 - 110 Pollution-fighting org.
 - 112 Ally of Rodan
 - 114 Bit from a shredder
 - 117 Charged
 - 118 Trip for nature lovers
 - 119 — Alt-Del
 - 120 Kiln used for drying hops
 - 121 Modern art?
 - 122 "Aln't gonna happen"
 - 123 Former U.S. gas brand
 - 36 Eye-opener?
 - 37 Grazing area
 - 38 Educ. inst.
 - 39 Nashville nasality
 - 41 The Atlantic's Cape —
 - 45 Pictorial plot
 - 46 Sweatboxes
 - 47 Tennis pro
 - 51 Give it —
 - 52 Set of rooms
 - 53 William of — ("razor" philosopher)
 - 54 Green-lights
 - 55 Newsstand
 - 56 Novelist Nin
 - 57 Seek water with a divining rod
 - 58 Printer brand
 - 59 "Oro y —"
 - 60 Martial-arts mercenary
 - 61 "God is — side"
 - 62 Smell nasty
 - 64 "Law & Order" actor
 - 67 Common jazz combo
 - 68 Rinse
 - 69 Australia's — Rock
 - 72 Prefix for "outer"
 - 74 Old Roman wraps
 - 76 Marshy tract of land
 - 77 What GPS aids in: Abbr.
 - 79 Nebula, in part
 - 82 Bassist
 - 83 Sultcliffe
 - 84 Performers like Houdini
 - 85 Suffix with journal
 - 86 Rock's Ocasek
 - 87 Cultural
 - 90 Brittle
 - 91 Stimp's cartoon bud
 - 92 Slow, to Solli
 - 93 Ryder of film
 - 94 In conflict
 - 95 "Lite" beer
 - 96 Lorraine of "The Sopranos"
 - 99 D, in Greece
 - 100 Ruhr hub
 - 102 Knock at gently
 - 107 Nile critter
 - 109 Retro
 - 111 Guthrie with a guitar
 - 113 Facial flaw
 - 115 — distance
 - 116 Star pitcher



Kids' Maze

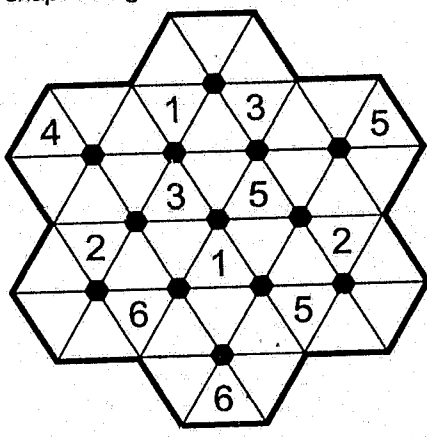


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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ♦♦♦♦

♦ Easy ♦♦ Medium ♦♦♦♦ Difficult

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Weekly SUDOKU

by Linda Thistle

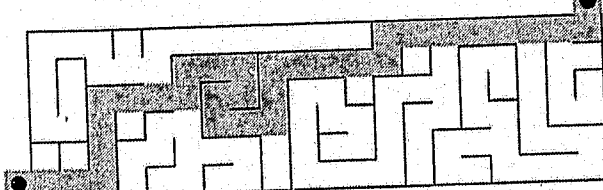
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	2				9		3	
6				7		5		
	6			1			4	
		5	6					7
9			4		7	1		
		1			3	2		
	8		5				6	
3				8				9

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Kids' Maze Solution

CASEROLE

Today's Word

1. Scholar; 2. Bounce; 3. Chaste; 4. Aisle

Why do you think the cook served time? Because he's an egg beater.

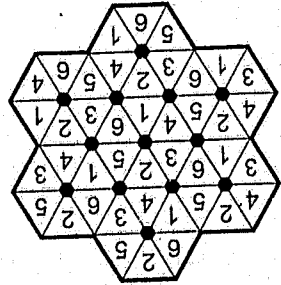
Answer

CRYPTOQUIP
CURSE
DANCE
LANES
CRANE
LOVES
GLOVES
KENDRA
INSEAM
RINGER
NAMES
REIGN
SPARE
SPARSE

Answer

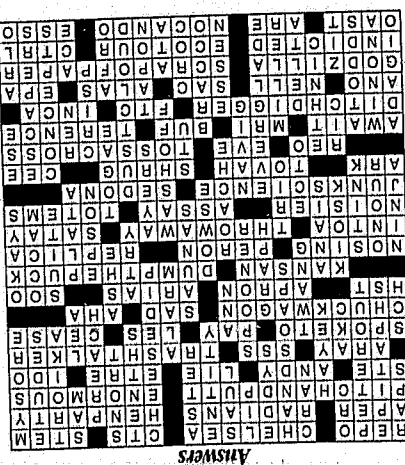
Puzzles4Kids

SNOWFLAKES



Solution

Answers: Weekly SUDOKU



Super Crossword

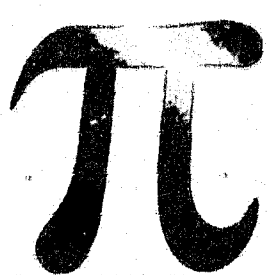
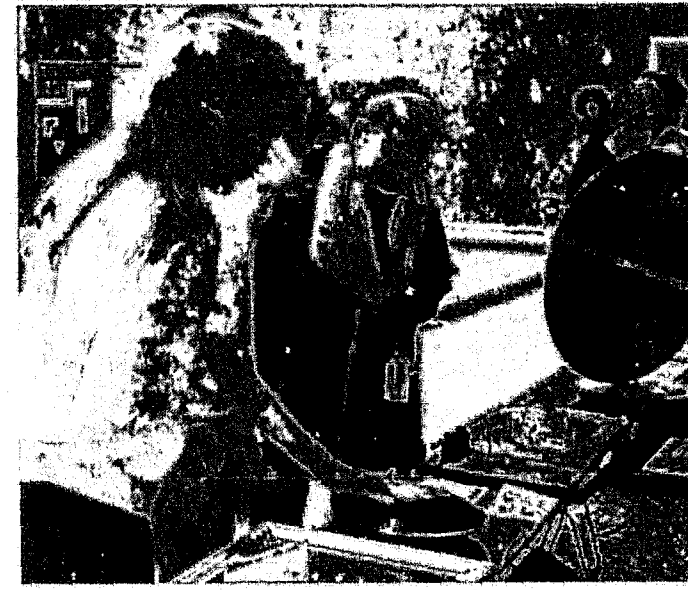
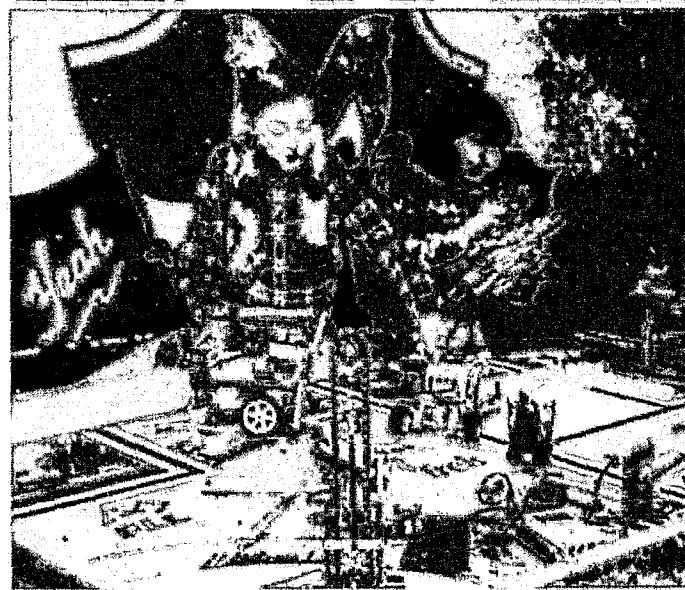
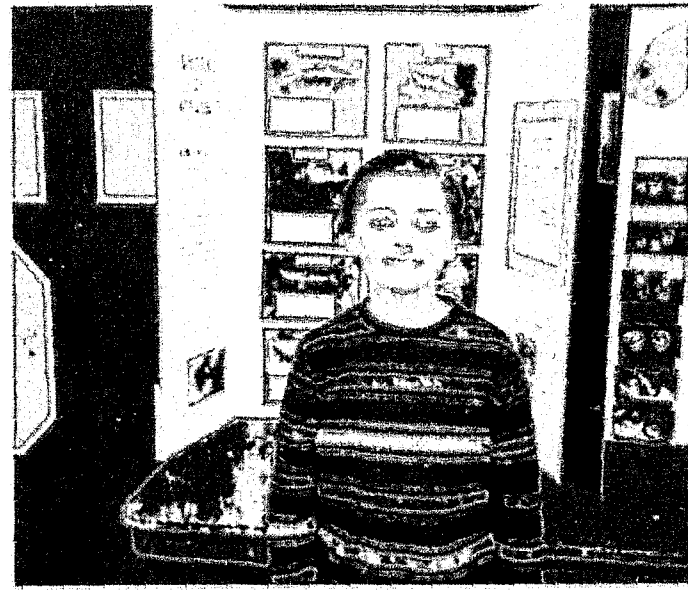
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The Satellite

Newsletter of School Administrative District #44: Bethel • Greenwood • Newry • Woodstock

Scenes from the SAD 44 Science Expo

Below, students share their projects with family and friends at the second annual Science Expo, which was held on March 15.



Telstar Middle School Title One Family Night: National Pi Day



Marley Ayotte shares her portfolio with her mother Mandy Shorey.



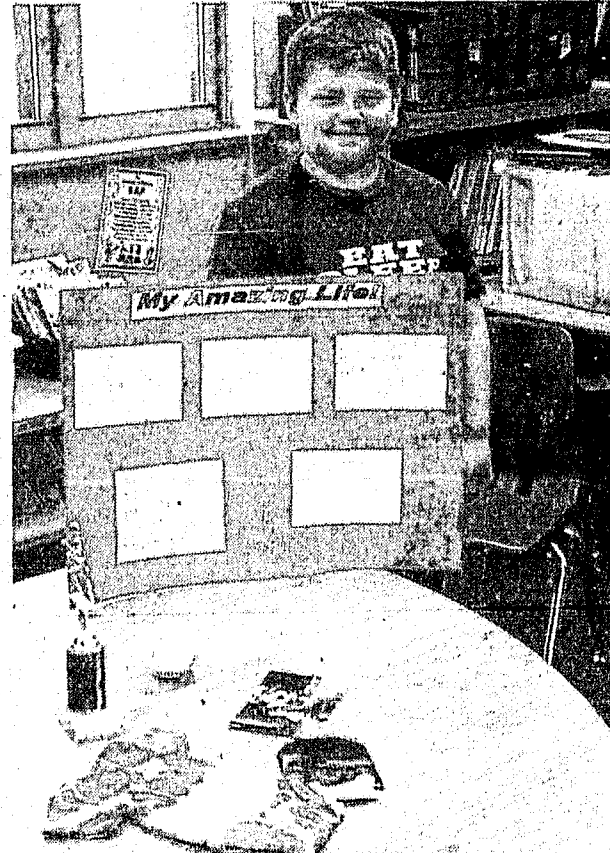
From left to right, Marley Ayotte, Megan Cox, and Maggie Black pose for a Pi Day picture.



Patsy Cox and her daughter Megan enjoy their conference.



Sixth grade students at TMS started building weather stations. These are thermometers and barometers. They were so excited to hold the thermometers (test tube and small bottles) and see how their heat was transferred and the liquid rose.



CPS NEWS

Hunter Koskela, a second grader in Mrs. Wight's class at CPS, is sharing his "Amazing Life" project with his class. This is one of our social studies standards on understanding timelines. Everyone is enjoying hearing about their classmates' life and seeing the artifacts they chose to share.

THESE BUSINESSES PROUDLY SUPPORT THE SAD #44 SPORTS SCHEDULE & SATELLITE PAGE

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Classifieds

FOR SALE

FOR SALE: Love seat, brown and tan plaid, good condition. Call 824-2483.

WANTED

Antiques/collectibles: Estate/one item. FREE estimates. Call Mike or Louanne RUMFORD CENTER ANTIQUES, INN AND AUCTIONS. 1384 RT. 2 Rumford Center, (207) 357-5951, or thibbs53@gmail.com

BUYING ANTIQUES: One item or in lots. 836-2422 days. Good prices for clean merchandise.

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metime, excellent benefits and bonuses, 100% no touch/70% D&H. 888-406-9046

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AVAILABLE NOW: BETHEL VILLAGE: Cozy 3-bedroom ski house. Professional persons/family

up to 4. Fully furnished, great location on Mountain Explorer route. 207-824-2340 (seasonal or monthly)

BETHEL HOUSE w/in-law apartment. 3 bedrooms, loft, third level, full bath, 1/2 bath. Jacuzzi, 2 fireplaces, 2-car garage, 3 decks, views. \$950/month. 603-552-3295, 603-247-2085, 207-357-3728. Bethel: 2 bedroom mobile home in small family friendly park close to town, \$650.00 per month plus utilities, lawn mowing & plowing included, no smoking. 207-665-2265.

Bryant Pond: Spacious 3 bedroom apartment, hardwood & vinyl floors, dishwasher, porch, no pets, non-smoking building, \$850/month includes heat, hot water, trash, snow removal. 665-2265

FOR RENT: Furnished, heated 1 bedroom apartment in Hanover. 5 minutes from Sunday River Ski Resort. No smoking, no pets. 824-3342.

FOR RENT: TWO 2nd FLOOR APARTMENTS in town Bethel. Available April 1st. Seasonal or long-term. Good pets

welcome. Non-smoking building. 824-2336 or 824-2362.

Large 3rd floor, one bedroom, apartment located on Main Street in Bethel. \$675/month includes heat and electricity. No pets or smoking allowed. Call 776-0083.

mason st., BETHEL, MAINE: 1 & 3 BEDROOM furnished apartments. Available immediately. Includes parking, trash, and heat. Rate depends on length of lease. Storage rental also available. Call Pat: 207-824-8060

NEWRY, JUST OFF SUNDAY RIVER ROAD: One bedroom walkout apartment, beautiful views. Fully furnished, includes all utilities, DIRECTV, laundry, hot tub, 5 minutes to mountain, walk to swimming hole. Non-smoking please. \$650/month. 508-208-9720.

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Ext. 1833



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Equipment Operator/Truck Driver/Laborer

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This position requires a Class A State of Maine Commercial Driver's License.

Snow plowing and heavy equipment operation experience is required.

All work is performed under the direction of the Highway Department Foreman.

Subject to all CDL Drug & Alcohol testing required by Federal law.

Some weekends and nights required.

The Town of Greenwood is an Equal Opportunity Employer and offers competitive wages with a benefit package that includes:

Paid Health Insurance, Vacation, Sick & Holiday Time.

Deadline for application: Friday, April 15, 2016

Interested applicants must be at least 18 years of age, a United States Citizen, and possess a High School Diploma or equivalent. Applicants must be able to pass the interview process, physical examination and background investigation required of all new Town employees.

To apply please send resume or apply in person at:

Town of Greenwood
Attn: Alan Seames
593 Gore Road
Greenwood, ME 04255

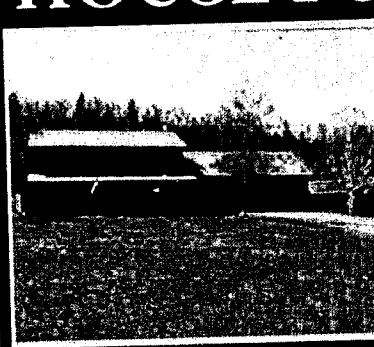
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FMI Call Pat at 207-824-8060

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The Town of Bethel is seeking volunteers to serve on various town committees. Persons interested in serving on the committees listed below should submit an application form to the Town Office. To obtain an application form go to our web site www.bethelmaine.org, call 207-824-2669, pick up from the Town Office, or email us at info@bethelmaine.org. All applications must be received by 12 PM, Wednesday, April 6, 2016.

Committee	Number of Vacancies	Length of Term (Years)
Appeals Board	1	2
Bingham Forest Authority	1	2
Bingham Forest Authority	1	1
Conservation Commission	1	3
Planning Board	1	3
Recreation Board - Alternate	1	3
Capital Improvements Plan	1	3
School Cost Sharing Committee	2	

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Applicants may use any one of the following application methods:

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Apply in person at Maine Wood Concepts, 1687 New Vineyard Road, New Vineyard, Me;

Submit your resume via mail to:

Human Resource Manager

Maine Wood Concepts, PO Box 268, New Vineyard ME 04956

Fax your resume to:

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Or Email to lynn@mewood.com

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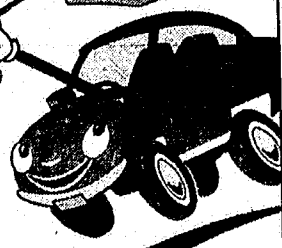
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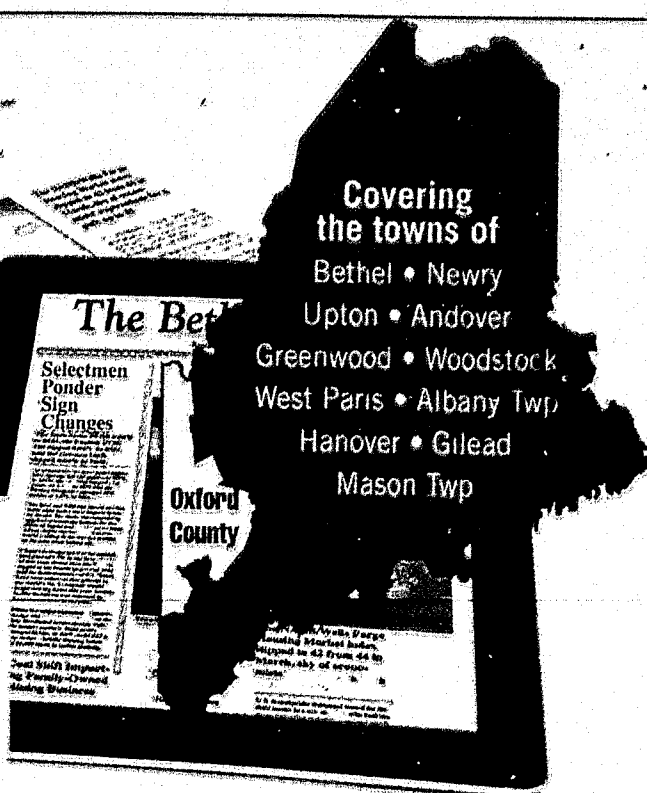
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Obituaries



DIANE D. BEAN

Diane Dupont Bean, 61, formerly of Gilead, died at her home in Baker City, Ore. on March 21, 2016 with her loving husband, John Bean, formerly of Bethel, at her side holding her hand and speaking with her. She passed away from complications of breast cancer. She was an Emergency Room nurse at St. Elizabeth Hospital/St. Alphonsus Hospital in Baker City and worked there for 18 years, and her patients were always her priority. She was a graduate from Oregon Health Sciences University with a Bachelor of Science degree in Nursing and a graduate of Telstar Regional High School in Bethel.

Diane has requested that there will not be any memorial service. Her husband of 44 years will distribute her ashes in the mountains of Oregon where they both enjoyed camping and fishing.

On Oct. 23, 1971 Diane and John were married at the Our Lady of the Snows Catholic Church now known as the Parish of the Holy Savior in Bethel. From that marriage they had three children John, Jessica and Justin.

Diane enjoyed reading, knitting, camping, fishing, hiking, gardening, home-made cooking, making homemade jams and preserves and speaking French with her granddaughter Macy. She was a great help to her sister, Lise Dupont McLain of Gilead when Lise was their father's caretaker when he became ill. She made caretaking so much easier for Lise, which is a very difficult task to take on. Her kindness and loving nature is greatly appreciated, and she has touched the lives of many with her generosity. She particularly liked Celine Dion's music and on Jan. 12, 2016, the people in the community surprised Diane with an all expense paid trip to Las Vegas to attend a Celine Dion concert, and she was able to go backstage and have a photo shoot with her.

Diane was the daughter of the late Gerard and Edna (Dion) Dupont (both Canadians) of Gilead and was born in Berlin, New Hampshire on June 21, 1954. She is survived by her loving husband, John, of 44 years, her son Johnny Bean and wife Stephani of Preston, Conn., her daughter

Jessica Bean Dudek and husband Casey of Aloha, Ore., her son Justin Bean and wife Annetta of Kalispell, Mont. She has three grandchildren John Turner Bean, Ella Bean and Macy Dudek. She has a brother Andre Dupont and wife Eileen of Gilead, N.H., a sister Lise Dupont McLain and husband Stephen of Gilead, a sister Aline Dupont of East Bethel, and a brother Richard Dupont of Fort Myers, Fla. She has many nieces and nephews.

Those interested can visit the website of her obituary in Oregon and leave condolences at www.tamispinevalleyfuneralhome.com. In lieu of flowers Diane has requested that donations be made to the Gilead Historical Society, 14 Depot Street, Gilead, Maine 04217. She was a contributor of many knitted items to the Society as a fundraiser as well as financial contributions. She was very fond of the Gilead Historical Society, and is a recent Honorary Member of the Society.



RUTH R. SILVER

Ruth Roller Silver died on March 23, 2016 at the age of 82 after a prolonged illness.

Ruth was born on Sept. 14, 1933 in New Haven, Conn. She lived in Branford, North Branford, and Madison, Conn., as well as Bethel. Most recently, she resided in Trumbull, Conn.

She is predeceased by her parents Ruth Schmid Roller and Harmon Hein Roller, and her brother Richard Roller. She was the mother of Martha Lasko Seaman and her husband Jay, Robert George Lasko, Jr. and his wife Mary, the grandmother of Stephen Richard Perkins and his wife Jane, Robert George Lasko III and his fiancé Nicole, Joseph Edward Lasko, and John Valentine Lasko, and the great-grandmother of Sasha and Andrew Perkins.

Ruth graduated from Southern Connecticut State College with a B.S. Degree. She was an elementary school teacher, primarily kindergarten, having taught in Branford and North Branford, Conn., and Bethel. Ruth was also a church organist, having played at the Bethel United Methodist Church, Our Lady of the Snows Church, and the

West Parish Congregational United Church of Christ in Bethel, and the Trumbull Congregational Church in Trumbull, Conn. Ruth was a piano teacher in Bethel and Trumbull, Conn., with numerous students who loved her dearly. She also worked at the Bethel Historical Society. Ruth was a former member of the National Education Association and Delta Kappa Gamma Sorority for Women Educators.

Ruth was a member of the Trumbull Congregational Church, and formerly the West Parish Congregational Church. Ruth was an avid knitter and piano player, and enjoyed all crafts. Ruth also loved her time participating in the bell choir at West Parish Congregational Church.

A memorial service was held on Saturday, March 26, 2016 at the Trumbull Congregational Church, 3115 Reservoir Avenue, Trumbull, Conn. Interment will be held privately at the family's convenience.

In lieu of flowers, memorial contributions may be made to St. Jude's Children's Research Hospital, 501 St. Jude Place, Memphis, Tenn. 38105 or The Stratford Cat Project, P.O. Box 1261, Stratford, Conn. 06614.

The Abriola Parkview Funeral Home is in charge of arrangements. For online condolences, please visit www.abriola.com.

PHYLLIS M. HATHAWAY

Phyllis Mae Hathaway Jordan, born May 20, 1931 in Bryant Pond, daughter of Harris and Edith Mae Andrews Hathaway, died March 24, 2016 surrounded by her four children.

She graduated from Woodstock High School in 1950 as president of her senior class. She served as a class officer all four years and was actively involved in public speaking and the debate team throughout high school. She also enjoyed participating in school and community plays.

She was an active member of 4H and served in various positions of office for the Juvenile Grange, Franklin Grange No. 124, Daughters of Union, Veterans of the Civil War, and Rebekah. She was a member of local churches throughout her life. Her life's passions included family, reading, dancing, cooking and making wedding cakes.

She was married on Aug. 7, 1954 in Locke's Mills and predeceased by her husband of 49 years, Reynold E Jordan, Sr. She was also predeceased by her granddaughter Katie Gardner Thomason.

She is survived by her four children Reynold Jordan, Jr. and his wife Mar-

garet of North Yarmouth, Reverend Vance Jordan of Waterford, Delia Mae Jordan-Gardner and husband Jerry Gardner of Corning, N.Y., and Douglas Jordan and his wife Janet of Stratham, N.H.; five grandchildren Nicole, Adria, Krisanne, Ashley and Eric, and nine great-grandchildren. She is also survived by her sister Harriett (Hathaway) Estes and her husband Lawrence, brother Burton Hathaway and many nieces and nephews.

Cancer and Alzheimer's research were very important to Phyllis. In lieu of flowers please make a donation to the charity of your choice. The Celebration of Life service will be held at the South Bridgton Congregational Church at 16 Fosterville Road on Saturday, May 14 at noon with a reception directly following at the church.



JOHN F. WHITE

John F. White, 59, of South Paris passed away peacefully on Friday, March 25, at the Hospice House after a lengthy illness.

John was born in Sandwich, Mass., on Sept. 21, 1956, a son of John D. and R. Naomi (Simon) White.

He attended local schools there and graduated from Sandwich High School. John then attended the University of Maine at Orono where he earned his bachelor's degree in municipal management.

His entire life was devoted to town management. He started as town manager in Surry and continued his long career in Wakefield, N.H., Orrington, South Paris, Durham and most recently West Paris, from where he retired due to illness.

John was a member of Rotary, The Vinyard Church in Mechanic Falls, and served as a committee member for Western Maine Transportation. He had previously been a Cub Scout and Boy Scout Leader, and had also spent time in Spain doing missionary work for the Mormon Church.

He married Kathryn Taylor on May 22, 1981. He leaves behind his

wife of South Paris; four sons, Eli White and his wife, Julie, of West Paris, Asher White, Ethan White and Garrett White, also of South Paris; three daughters, Hannah Bonang and her husband, Tony, of Oxford, Naomi White of South Paris, and Anyah

White of Philadelphia, Pa.; his brother, Bradford White of Jay; and six grandchildren, Evan, Tallah, Tyler, Colby, Ashton and Mason.

Condolences can be expressed to the family at www.chandlerfunerals.com.

Births

NEWTON

Kevin Newton and Brian-na Tuominen of West Paris are pleased to announce the arrival of a baby boy, Waylon Alan Newton, born on Feb. 26, 2016 at 7:10 a.m. at Stephens Memorial Hospital, weighing 7 pounds 10 ounces.

Maternal grandparents are Bruce and Velora Tuominen of North Norway. Paternal grandparents are Richard and Trudy Newton of Norway.

Waylon joins a sister, Maggie, age 2, and a brother, Sawyer, age 4.

LITTLEFIELD

Danielle Ross and Jody Littlefield of Oxford are pleased to announce the arrival of a baby girl, Maleigha Ann Littlefield, born on Feb. 15, 2016 at 4 a.m. at Stephens Memorial Hospital, weighing 7 pounds, 5.5 ounces.

Maternal grandmother is Teresa Ross of Oxford.

Paternal grandparents are Arlan Littlefield of Coopers Mills and Heidi Littlefield of Stoneham.

Maleigha joins three sisters, Mikaelah 12, Mykenzie 7 and Marleigh 1.

First Universalist Church of West Paris April services

A time of new beginnings, in life, all life, and a time to let go. April does that. Beginnings can evoke confusion, even fear, and light and inspiration; these are reasons why our faith communities are so important to us - we join together with others to explore topics and their meaning in our everyday lives. Please join us for Sunday worship services at 9 a.m. followed by refreshments. All are welcome. Services are provided by The Reverend Fayre Stephenson, guest speakers, and the Worship Service Committee.

April 3: Guest speaker Kevin Mannix will give a talk during our worship service based on his and his wife's recent book, *Weathering Shame*, a personal journey of shame and stigma. An autobiography penned by two well respected professionals, weatherman Kevin Mannix and social worker wife Linda Rota, is about their individual experiences with shame and stigma throughout their childhood and adult lives. The Worship Service Committee will lead the service. Kevin will be available following the service to sell and sign books. Refreshments provided. All are welcome to attend.

April 10: Traveling Light led by The Reverend Fayre Stephenson. As spring cleaning time approaches, on this Sunday we will explore the challenge of letting go of possessions, of regrets, of grudges - of all of the excess baggage we carry. Join us as we find the inspiration to lay our burdens down.

April 17: Earth Day is our annual celebration and recognition of our fragile and beautiful Mother Earth, led by the Worship Service Committee.

April 24: Earth Day Redux led by The Rev. Fayre Stephenson. In honor of the forty-second Earth Day celebration on April 22, this service will be a tribute to our Mother Earth. As we rejoice in the spiritual benefits of being in the natural world, we will also examine the surprising insights of Unitarian Universalist Religious Naturalists.

For more information about the church and services, please contact Marta Clements, 674-2143, mcllements96894@roadrunner.com, or Bob Clifford at 674-3442, bobarlen@megalink.net.

A local alternative to higher prices
Cliff Gray
 Cremation - Funeral Services LLC
 60 Andrews Road
 Bryant Pond, ME 04219
 Tel: 461-6050/674-2208
 E-Mail: cliffmimigray@gmail.com

Baby Sitting Course
 April 18 - 22
 8:00am - 12:00pm
 Cost \$100.00
 Includes First Aid/CPR Certification
 Students will learn:
 Care and handling of infants, bottle preparation, diapering games and activities for: Toddlers, Pre-School and Pre-K
Bethel Early Learning Center
 23 Cross St, Bethel, ME 04217
 824-3344 or 824-7592

7:30 AM Tuesdays
 at The Bethel Inn
 on the
 Common, Bethel
www.bethelrotary.org

MOVIE SHOWTIMES
 Fri-Mon, Apr 1-4:
 Batman v Superman (PG-13): 12:30, 3:45, 7:00
 10 Cloverfield (PG-13): 3:00, 7:45
 Spotlight (R): 12:30, 5:15
 We're open Mondays!
 Matinee prices all day.
 Join us at The Gem!
 23 Cross St, Bethel, ME (207) 824-8248

ANNUAL MEETING
Bethel Water District
 The annual meeting for the Bethel Water District will take place at the Bethel Town Office Meeting Room, 19 Main Street, at 7:00 pm on May 20, 2016.
 The regular monthly meeting will take place after the annual meeting.

Rumford Urgent Care
 A walk-in clinic for the treatment of minor injuries and illnesses
Now Open Saturday 8am - 4pm
Rumford Hospital Urgent Care is an alternative care option when a patient's primary care provider is not available.
 Rumford Hospital Urgent Care provides care for:
 > Colds > Skin rashes
 > Flu-like symptoms > Tick bites
 > Sore throat > Women's health issues
 > Ear aches > Sexual diseases
 > Minor cuts > Urinary problems
 > Minor burns
 > Sprains
 Illnesses and injuries not treated in Urgent Care include abdominal pain, chest pain, neck pain, headaches (including migraine headaches), head injuries, bleeding issues, broken bones, and children 3 months or younger.
Rumford Hospital
 The Central Maine Medical Family
 www.rumfordhospital.org
 LOCATION
 Rumford Hospital
 420 Franklin Street, Rumford
 OPEN
 Monday, Wednesday, Friday
 5 p.m. to 9 p.m.
 Saturday
 8 a.m. to 4 p.m.
 PHONE
 207-369-1127
 The Rumford Hospital Emergency Department is available at all times for Urgent Care back up services.

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